DOUGLAS COUNTY FOOD RESOURCES

https://tinyurl.com/ycsbso5h

DOUGLAS COUNTY
KANSAS

Resources are

For additions
K-State Research and Ex
cierras@ksu.ed

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Introduction

This guide is a product of a Douglas County and LiveWell Douglas County - Healthy Kids and Healthy Food for All Initiative. This collaborative document shares community food resources available in the Douglas County area, and can be found at https://tinyurl.com/ycsbso5h.

If you would like your organization listed or your organization information changed/updated, please contact K-State Research and Extension - Douglas County at cierras@ksu.edu or 785-843-7058. Please be sure to include your organization, phone number and email to receive a response.

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Baldwin City

Food Pantry/Food Access

Cruising Cupboard - Baldwin Public Library
Address: Baldwin Public Library (800 7th St, Baldwin City, KS 66006)
Hours: January 6th, February 3rd, March 3rd (10:30 am - 11:30 am)
Description: A mobile version of the Just Food food pantry and bank is brought to this location. Masks are required to shop. If you don't have a mask, one will be provided to you. If you're not a client yet, you can get signed up onsite.

Baldwin United Methodist Church - Grocery Store Vouchers
Address: 704 Eighth St, Baldwin City, KS 66006
Hours: Saturday (10:00 to 10:30 am)
Phone: (785) 594-6612
Description: The pantry will be giving out grocery store vouchers and milk vouchers. First come first serve.

New Assembly of God
Address: 118 5th St, Baldwin City, KS 66006
Hours:

- Food Pantry: Tuesday (3 pm to 6 pm), Wednesday (9 am to 12 pm)
- Mobile Food Distribution: Fourth Thursday of the Month (10 am to 11 am)

Description:

- Food Pantry: A pantry volunteer will co[illegible] check the items you want, and they will
- Mobile Food Distribution: A variety of [illegible] drive-through model. Cars are served or

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Community Meals for Youth

Baldwin School District

The USDA announced that schools may apply to extend the free meals program that our district participated in throughout the summer. **All** children ages 1-18 will be able to eat breakfast and lunch for **FREE** regardless of eligibility status beginning Wednesday, September 9th through December 31st or until allocated Federal funding is depleted. In order to comply with the guidelines, all school meals will now need to be ordered by 9 AM each day in one of these ways:

1. With the homeroom teacher (pre-K thru 5th grade)
2. Sign-up sheet in the lunchroom (6th-12th grade)
3. ***New*** weekly ordering google form: http://www.usd348.com/for-parents/food-service/breakfast-lunch-ordering/
    a. Children aged 1 -18 not enrolled in USD 348 can sign up for free meals. Use the child's birth date (MMDDYYYY) for the student ID.

Meals will be available for students who are dining in-person at our buildings as well as students who have selected the remote-learning model. Students, or their parents, who desire curbside pick-up will designate their desired location as part of the ordering process. A parent may pick up meals without their children in the vehicle, if they provide the name and grade of the student(s). A consent form would need to be shown at pick-up, if an adult wishes to pick up meals for a child other than their own.

Due to the limited time that we anticipate fundi
continue to submit updated free/reduced meals

For more information please visit: http://www.u

If you have any questions, please contact me at
We are thrilled to be able to provide this opport
continued support of our program!

To view the full announcement for the Baldwin
https://tinyurl.com/y4k2neyg

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Baldwin City School District Pantries

These schools have food pantries available for enrolled students.
If your child is enrolled in one of the following schools, contact Autumn Weiss (email:aweiss@usd348.com;Phone:785-594-2725 ext. 210) for more information.

Participating School: Baldwin High

Baldwin City School District Free & Reduced Meals and Applications
Free & reduced-price meal info: https://bit.ly/3aRsBzR
Online Application: Use EZMealApp to apply online for the 2019-2020 school year.
Description: Limited income families with children may be eligible for free or reduced-priced public school meals. We encourage you to apply for free or reduced-price school meals if you haven't already.

Community Meals for Seniors

Homestead Kitchen & Bakery
Location:719 8th St. Baldwin City, Kansas
Hours: Tuesday - Friday (8 am - 2pm), Saturday (8 am - noon)
Phone: (785) 766-3442
Requirements: Be a senior living in Baldwin City, KS.
Description: Homestead Kitchen & Bakery is providing $3 lunches for seniors every Tuesday and Thursday.

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Eudora

Food Pantry/Food Access

Cruising Cupboard: Eudora Public Library
Address: 14 E 9th St, Eudora, KS 66025
Dates: December 30th (10:30 am - 11:30 am), and January 28th, February 25th, and March 25th (4:30 pm - 5:30 pm)
Description: A mobile version of the Just Food food pantry and bank is brought to this location. Masks are required to shop. If you don't have a mask, one will be provided to you. If you're not a client yet, you can get signed up onsite.

Eudora United Methodist Church
Address: 2084 N 1300 Rd. Eudora, KS 66025
Hours: Third Wednesday of the Month (10 AM - 11 AM)
Description: A variety of fresh food/grocery items are distributed in a drive-through model. Cars are served on a first-come, first-served basis.We will not be loading inside the seats of the vehicles so please have space in your trunk or cargo for us to load! Let's keep everyone safe!

St. Paul's United Church of Christ
Address: 738 Church St, Eudora, KS 66025
Hours: Wednesdays (8:30 am to 12 pm)
Description: Pantry items available for those in need outside of the pantry. Pantry shoppers will not be allowed inside of the pantry

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Community Meals for Youth

Bird's Nest School Food Pantries
Description: Provides Eudora School students with food to take home or to have a snack at school. Pantry items include fresh produce, dry and canned goods,and hygiene items. Students and their families can contact their school building for requests.

Free Meals for Eudora Students to Start the 2020-2021 School Year
Beginning Tuesday, September 8, 2020, all Eudora Schools students will eat (**breakfast and lunch**) at **no cost** to their families. This will run through December 31, 2020, or until federal funds run out. After December 31, 2020, or when the federal funds run out, meal charges will return to our standard practices.

Drive Through grab-n-go meals available Monday - Friday while Eudora Elementary school is learning remote (Friday, September 25, 2020, through October 4, 2020) at these locations:

Eudora Middle School (2635 Church St, Eudora, KS 66025, 11:00 am – Noon)

Eudora High School (2203 Church St, Eudora, KS 66025, 11:00 am – Noon)

We also want to take this time to remind families to complete the federal Free and Reduced Meal Program application if they have not already done so. The Free and Reduced Meal Program is designed to help families. You may stop by our schools and pick up a copy of the application. Or, you can click here to access and print the federal free and reduced meal application

Even though we have access to free meals for all students to begin the 2020-2021 school year, it is important for families to complete the federa
This will ensure qualifying families will not be
federal meals for all students ends or runs out la

Should you have any questions, please contact
Services, via email at sharlamiller@eudorascho

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Eudora School District Free & Reduced Meals and Applications

Free & reduced-price meal info: https://bit.ly/2VRESAf

Application: https://bit.ly/2z4k7bm

- Please fill out and return to Sharla Miller at Eudora Elementary School. If you have any questions, please call 785-542-4987.

Consent for Disclosure Form:https://bit.ly/3f6BeKh

- Fill out this form along with the free & reduced-price meal application to see if you qualify for other programs that reduce fees.

Description: Limited income families with children may be eligible for free or reduced-priced public school meals. We encourage you to apply for free or reduced-price school meals if you haven't already.

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Lawrence

Food Pantry/Food Access

Ballard Center Pantry
Address: 708 Elm St, Lawrence, KS 66044
Hours:

- Food & Clothing Pantry: Monday – Friday (10 am – 3pm, by appointment only)
- Donations: Monday - Friday (noon - 1pm)

Description:

- Food & Clothing Pantry
    - By appointment only. Call 785-842-0729 to make an appointment.
    - Intake information will be taken by phone at the time clients schedule.
    - Time in the pantry will be limited, so clients should plan to arrive at their scheduled time.
    - Masks are required and temperatures will be taken.
- Donations: Drop off at 708 Elm St, Lawrence, KS 66044
- To volunteer: contact evan@ballardcenter.org

Campus Cupboard
Address: 1301 Jayhawk Blvd., Lawrence, KS 66045 (located on level 4)
Hours: Monday, Tuesday, and Thursday (8am to 4 pm)
Phone: 785-864-4060
Email: campuscupboard@ku.edu
Description: The Campus Cupboard is a food pantry for KU students, faculty, staff and affiliates. It was created to address and reduce food insecurity among our campus community. The Campus Cupboard is located on Level 4 of the Kansas U
Involvement and Leadership Center and the Sal
individual is allowed in the pantry at a time and

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Catholic Charities
Address: 1525 W. 6th St, Suite A&B (5th & Mi

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Hours: Monday, Tuesday, Thursday (9am-12pm, 1 - 3:30pm)
Phone: 785-856-2694
Description: Catholic Charities serves all. Bring ID to pick up a bag of pre-packaged food. If you can't pick up food, you may designate someone else to receive your food for you. Households may visit the pantry once per month for pantry items and once a week for fresh produce.

Cruising Cupboard: LMH Health
Dates:

Main Campus (325 Maine St Lawrence, KS 66044): January 14th, February 11th, and March 11th (4:30 – 5:30 pm)
West Campus: December 16th, January 20th, February 17th, and March 17th (10:30 – 11:30 am)

Description: A mobile version of the Just Food food pantry and bank is brought to this location. Masks are required to shop. If you don't have a mask, one will be provided to you. If you're not a client yet, you can get signed up onsite.

Cruising Cupboard: Lawrence Public Library
Address: Front of Lawrence Public Library (707 Vermont St Lawrence, KS 66044)
Dates: January 13th, January 27th, February 10th, February 24th, March 10th, March 24th (10:30 am - 11:30 am)
Description: A mobile version of the Just Food food pantry and bank is brought to this location. Masks are required to shop. If you don't have a mask, one will be provided to you. If you're not a client yet, you can get signed up onsite.

Cruising Cupboard: Holcom Park
Address: 2700 W 27th St, Lawrence, KS 66047
Dates: December 17th, January 21st, February
Description: A mobile version of the Just Food
Masks are required to shop. If you don't have a
a client yet, you can get signed up onsite.

DARE Center Food/Supplies pantry
Address: 944 Kentucky St, Lawrence, KS 6604
Hours: Tuesday, Thursday, & Friday (2 pm - 6

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Phone:785-856-0698
Description: They offer an abbreviated program of laundry facilities, and distribution of hygiene items, bus passes, snack food, camping equipment, and information about other local resources. If necessary, inquiries may be made to the DARE Director, Loring Henderson, at 785-764-2095.

Douglas County Fairgrounds - Hosted by Ballard Center Pantry
Address: 1930 Harper Main Indoor Arena, Lawrence, KS 66044
Hours: Second & Fourth Tuesday (10 am - Registration begins @ 8:30)
Description: A variety of fresh food/grocery items are distributed in a drive-through model. Cars are served on a first-come, first-served basis.

ECKAN Food Pantry
Address: 2518 Ridge Ct, Suite #101, Lawrence, KS 66046
Hours:

- Office: Monday – Friday (9 am – 12 pm, 1 pm – 4 pm)
- Food Pantry: Monday, Wednesday, and Thursday (9 am – 11:30 am, 1 pm - 3 pm)

Phone: (785)841-3357
Description: By appointment only. Call (785)841-3357 to schedule an appointment.

First Baptist Church
Address: 1330 Kasold Dr, Lawrence, KS 66049
Hours:

- Food Pantry: Wednesday (12:00 PM - 2:00 PM), 1st and 3rd Wednesday (5:30 - 6:30 pm)
- Mobile Food Distribution: 4th Saturday of every month 1:00 pm to 2:00 pm

Phone: 785-843-0020
Description:

- Food Pantry: Premade sacks of food wil
- Mobile Food Distribution: Mobile Food
  items are distributed in a drive-through
  first-served basis.

Heritage Baptist Church Food Pantry
Address: 1781 E 800 Rd, Lawrence, KS 66049
Hours:First & second Thursday of the Month (4
Phone: 785-887-2200
Description: Pre-bagged food available for any

Just Food
Address: Behind Peaslee Tech at 2920 Haskell
Hours: Tuesday (9am - 6 pm), Wednesday to Fr

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Phone: (785) 856-7030 (8:00am - 6:00pm)
Donate to Sponsor a Grocery Box: https://www.classy.org/give/276858/#!/donation/checkout
Description:

- In-person total choice shopping guidelines:
  - No more than 5 clients inside the pantry at a time
  - One shopper per household will be permitted inside (this includes children if possible)
  - Masks are mandatory to shop at Just Food*If you do not have one, one will be provided to you
  - Curbside pickup is no longer available

Lawrence First United Methodist Church
Address: 867 Highway 40 Lawrence, KS 66049
Hours: Second Saturday of the month (11:00 AM to 12:00 PM)
Description: A variety of fresh food/grocery items are distributed in a drive-through model. Cars are served on a first-come, first-served basis.

Salvation Army
Address: 946 New Hampshire - chapel on North side
Hours:

- Sack lunch pickup: Monday, Wednesday, Friday (1pm - 2pm)
- Food box pickup: Tuesday, Thursday (10am - 12pm)

Phone: 785-843-4188 (open in mornings)
Description:

- Sack lunch pickup: Sack lunches out of mobile canteen parked outside of building
- Food box pickup: Boxes are being distributed at the front doors closest to the Lawrence Arts Center. You may visit once a week. If unable to pick up a box, case managers are also available to pick up for their clients

Sunrise Project Food/Supplies pantry
Address: 1501 Learnard Ave, Lawrence, KS 66
Phone: 785-865-1618
Description: Pickup any time on front porch (D

Trinity Interfaith Pantry
Address:1027 Vermont St, Lawrence, KS 6604
Episcopal Church)
Hours: Tuesdays (1:00 to 3:00 pm) and Saturda

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Description:

Here is an overview of what you can expect:

1. Patrons wait in line: patrons wait on the sidewalk next to the parking lot which is pre-marked with red tape in six foot intervals for each opening.
2. Food is pre-bagged. Patrons should take a bag of food as directed.
3. A volunteer will then bring out a new set of food bags for the next patron.

Westwood House

Address: 1421 W 19th St, Lawrence, KS 66046

Hours:

Food Pantry: Monday – Thursday (3 – 5 pm)

"Vegans, Veggies, & Vibes" meal kit pick up: Wednesdays (3 – 5pm)

Description:

"Vegans, Veggies, & Vibes" meal kit pick up: Free vegan meal kit service that provides 1 -4 servings for a vegan recipe. Included in the kit is a recipe and song. There is also a livestream of the recipe each week following the pickup at https://www.facebook.com/WestwoodHouse1421. No religious affiliation required. Sign up here: https://www.signupgenius.com/go/10c0d4eaea82aa4fac52-vegans

Community Meals for Youth

Lawrence School District:

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No Meals December 31st through January 6th

Families may preorder their children's FREE breakfasts and lunches in a weekly "meal kit." Vegetarian and non-vegetarian options are available. Each meal kit includes a menu and instructions.

How do I preorder my children's free meal kits?

1. Use this Online Ordering form: https://forms.gle/DWVBiACQ1zJGNkw46

2. Place your order BY NOON ON MONDAY of the week you want to start picking up meal kits. You only need to place your order once to continue to receive weekly meal kits.

3. Families will list all children on one order form to designate the number of weekly meal kits ordered.

4. Choose where you want to pick up your weekly meal kits from several designated school locations/times listed on the order form.

5. Pick up your weekly meal kits on WEDNESDAYS at the location you selected on the order form.

6. Use the same Online Ordering Form to make changes to your order or to cancel your weekly meal kit order.

(Note: The order form is closed from Noon Monday through 8 a.m. Thursday during meal preparation, packaging, and service.)

The USDA has announced that schools may ap
continue to serve all children in the community
weeks of remote learning.

Starting September 8, grab-and-go meals will b
weekend meals distributed Fridays) at these sch

Free State High (4700 Overland Dr, Lawrence,

Hillcrest Elementary (1045 Hilltop Dr, Lawren

Kennedy Elementary (1605 Davis Rd, Lawrenc

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Sunflower Elementary (2521 Inverness Dr, Lawrence, KS 66047, 12:30 PM - 1:30 PM)

Woodlawn Elementary (508 Elm St, Lawrence, KS 66044, 11:15 AM - 12:45 PM)

Lawrence High School (1901 Louisiana St, Lawrence, KS 66046, 4:30 PM - 5:45 PM)

Due to the limited time federal funding may be available for free meals, it is still important that families submit updated free and reduced-price meal applications. Plus, families must apply for meal benefits to be eligible for waivers of school fees. Complete an application at https://www.myschoolapps.com/Application.

Lawrence School District Food Pantries

These schools have food pantries available for enrolled students. If your child is enrolled in one of the following schools, contact your school for more information.

Elementary Schools: Hillcrest, Schwegler, Sunset Hill, Broken Arrow, Sunflower, Woodlawn, Prairie Park, New York, Pinckney

Middle/Junior High: Billy Mills, Liberty Memorial Central

High School:Free State High School, Lawrence High School, Juvenile Detention Day School

Lawrence School District Free & Reduced Meals and Applications
Free & reduced-price meal info:https://www.usd497.org/domain/8089
Online Application: https://www.myschoolapps.com/Application
Consent to Disclose form: Consent to Disclose Form: https://bit.ly/2y6gp17

- Families qualifying for free or reduced-
  by completing this form

Description: Limited income families with chil
public school meals. We encourage you to appl
haven't already.

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Community Meals for Seniors

CHAMPSS – Choosing Healthy Appetizing M

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Program offered through Jayhawk Area Agency on Aging that allows seniors age 60 and older to choose from different entrees and eat spontaneously at their convenience seven days a week at CHAMPSS locations in Douglas County. There is a suggested donation of $3.50 per meal and participants must participate in an orientation to enroll in the program.

Participating Locations:

Hy-Vee, 3504 Clinton Pkwy, Lawrence

Dillons, 4701 W 6th St, Lawrence

Dillons, 1015 W 23rd St, Lawrence

Dillons, 1740 Massachusetts St, Lawrence

For information on how to enroll or order CHAMPSS meals during COVID-19, contact the Jayhawk Area Agency on Aging at **785-235-1367** or visit
http://www.jhawkaaa.org/services/nutrition/

CHAMPSS Orientation Video:
https://www.youtube.com/watch?v=Vf9da-FzRWk&feature=emb_title

Lawrence Meals on Wheels - Meal Delivery
Hours: Tuesday & Friday (11:15 am to 1:00 pm)
Requirements:

- Homebound
- Live in Lawrence
- Have a special dietary need

How to Access: To see if you qualify, call Lawrence Meals On Wheels at (785)830-8844 or email 4mealsonwheels@sbcglobal.net
Description: Lawrence Meals On Wheels serve
and/or disabled. The meals are purchased from
meals to meet the individual specifications of e
dietician.

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Community Meals

Archibowls

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Address:125 E 10th St, Lawrence, KS 66044
Hours: Tuesday - Sunday (12 pm - 8 pm)
Phone: 785-424-7822
Description: $1 beans and rice bowls (vegan options available).

Global Cafe
Location: 820 Massachusetts Street
Hours: Saturdays & Sundays
Phone: 785-838-4600
Description: Free sack lunches (while supplies last).

Jubilee Cafe Grab-and-Go service
Address: 946 Vermont St, Lawrence, KS 66044
Hours: Tuesday & Friday (7 am - 8am)
Phone:785-841-7500
Description: Coffee, water, juice, and prepackaged food items

Ladybird Diner
Address: 721 Massachusetts St, Lawrence, KS 66044
Phone: 785-856-5239
Description:

- Free Sack Lunch: Free sack lunch available for anyone in need Weekdays 11 am - 12 pm)
- Free Pantry Box:

  EMAIL ladybirdpantry@gmail.com and tell us

  1. How many in household
  2. If you have the ability to cook and can refrigerate items at home.
  3. Have any allergies or special needs.

  We will get back to you with a pickup date.

LINK Dining Room

Address: First Christian Church (221 W 10th S
Hours: Tue, Thu, Sat, Sun (1 to 2 pm)
Phone:785-331-3663
Email: LINK.Kitchen@yahoo.com
Description: “The LINK board has decided to c
Christian Church, 10th and Kentucky. Instead,
door of our dining room”

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Sunrise Community Meal - To Go!
Address: 1501 Learnard Ave. Ste. E, Lawrence, Kansas 66044
Hours: Wednesdays (5pm-6pm, through August)
Email: melissa@sunriseprojectks.org
Description: “We welcome everyone. Donations ($0-$6) accepted, but never required. Whether you need a night off from cooking or need a no-cost meal: Please drop by! For those who drive to Sunrise, please stay in your car and we will come to you to take your order. Walkers and bikers: Please practice physical distancing and hang back from our building. We'll come to you. We welcome you to park on the north side (15th) or on the east side (Learnard). If you are unable to come to us, but would like a meal, email melissa@sunriseprojectks.org to arrange a delivery. We will do our best to connect you with a volunteer!”

Veggie Lunch at ECM
Address: 1204 Oread Avenue, Lawrence, KS, 66044
Hours: Thursdays 11:30 am to 1:30 pm
Website: https://www.ecmku.org/veggie-lunch
Phone Number: 785-843-4933
Email: ecmatku@gmail.com
Description: Veggie Lunch is open to all and donation based, often featuring local and fresh produce from our community. Donations are how we are sustained, but all are welcome regardless of ability to donate. This year veggie lunch meals will be served to-go (with compostable utensils and containers) to keep both our volunteers and participants as safe as possible. Join us every Thursday for a healthy vegan meal to-go, and don't forget your mask!

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Lecompton

Food Pantry

Cruising Cupboard - Lecompton United Methodist Church
Address: Lecompton United Methodist Church (402 Elmore St, Lecompton, KS 66050)
Dates: January 7th, February 4th, and March 4 (4:30 PM - 5:30 PM)
Description: A mobile version of the Just Food food pantry and bank is brought to this location. Masks are required to shop. If you don't have a mask, one will be provided to you. If you're not a client yet, you can get signed up onsite.

Lecompton United Methodist Church (No Changes)
Address:402 Elmore St, Lecompton, KS 66050 (basement of church, enter using the East door)
Hours: 3rd Saturday of the Month (7:30 to 11am)
Requirements: To utilize pantry you must be a resident of Perry Lecompton School District #343.
Description: Friends of the pantry will be asked to fill out a shopping list (provided) of perishable and non-perishable items. Shoppers will then fill your order and bring your bags to your vehicle. (No reusable bags, please). If you're unable to get out of the house, we are able to deliver or a family member can pick up items for you.

Stull United Methodist Church
Address: 1596 E 250 Rd, Lecompton, KS 66050
Hours:

- Food Pantry: 1st & 3rd Thursdays of the
  outside of these times - see below for de
- Mobile Food Distribution: 4th Thursday

Description:

- Food Pantry:Only one person per family
  pantry at a time. Pantry shoppers can vis
  - To make an appointment: Email
    church phone (785-887-6521)
- Mobile Food Distribution: A variety of
  drive-through model. Cars are served or

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Community Meals for Youth

Perry-Lecompton School District
We will offer breakfast and lunch, with 2 options each meal, to students enrolled in USD 343. Meals are available for all students who are learning at home that day, either online or hybrid remote learners. Menus can be viewed at https://usd343.nutrislice.com/ also on the District website under the menu tab.

Meals will be ordered by calling the PLHS Kitchen at 785-597-5872. Orders must be called in by 9:00 am each day, please specify if order is for breakfast, lunch, or both. Meals can be picked up at the south side of PLHS at the Kitchen loading dock drive entrance. Pickup time will be from 11:00 am to 11:30 am. Please call the Kitchen when you arrive for meal pickup, and we will bring the order to you.

Plans may change with little notice, but you can be assured that we will do everything we can to maintain our program of serving safe and healthy meals to your students.

If you have any questions, comments, or concerns, please pass them along. Be safe, and thanks for all you do for your students!

COVID-19 Food/Nutrition Resources:
https://www.usd343.net/vnews/display.v/ART/5ec40971909ee

Perry-Lecompton School District Free & Reduced Meals and Applications
Free & reduced-price meal info**:** https://bit.ly/35jTdIS
Application: https://bit.ly/2YjdMng

- Return the completed application to Deb [illegible] PO Box 720, Perry, KS 66073

Consent for Disclosure form: https://bit.ly/3aV[illegible]

- Fill out this form along with the free & [illegible] qualify for other programs. Fees may be [illegible]

Description: Limited income families with chil[illegible] public school meals. We encourage you to appl[illegible] haven't already.

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General Douglas County Food Resources

Food Access Resources

Double Up Food Bucks

Double Up Food Bucks makes it easier for low-income families to eat fresh fruits and vegetables while supporting family farmers and growing local economies.

Double your dollars for buying fruits and vegetables with your EBT card.

Match every $1 you spend at participating farmers markets and grocery stores in Kansas and Missouri with another $1 FREE so you can buy more fruits and vegetables.

To check locations and dates, go to: doubleupheartland.org

Double Up Food Bucks Locations: https://tinyurl.com/y4cpqvc2

Harvesters

- Agency Locator: Find pantries, produce distributions, and meal sites in your area!
    - Directions: Go towww.harvesters.org/get-help and type in a zip code. If you do not have internet access, call our Customer Care line at 816-929-3220 or toll-free at 877-653-9519.
- SNAP Helpline: Harvesters' SNAP Outreach team can help with questions on eligibility, new policies that are in place, and assist with applications over the phone. (SNAP is the program formerly known as food stamps).
    - Directions: Contact the SNAP H
      snap@harvesters.org.

How to Apply for SNAP

- Through DCF self-service portal at: http
- Via phone at: (785)296-3271
- Paper applications are available outside
  completed application(s) in drop boxes
- Harvesters Community Food Network c
    - Via phone: (877)653-9522
    - More information: https://www.h
- Households are not required to do initia
  until May 2020

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Senior Meals

Commodity Supplemental Food Program (CSFP)

Description: CSFP serves a monthly food package to people 60 years of age or older with income less than 130% of the Federal Poverty Level (https://tinyurl.com/yyctyjkm. A monthly food package contains 10 food groups including: cheese, shelf stable milk, nonfat dry milk (every other month), peanut butter or dry beans, cereal, meat, vegetables, fruits, juice, and instant potatoes, rice or pasta.

Website: https://tinyurl.com/yyctyjkm

Application (Return application to Harvesters): https://tinyurl.com/yy6cptq5

Contact: Harvesters Community Food Network (3801 Topping Ave Kansas City, MO 64129)

Phone: toll free (877) 774-5413

Email:customercare@harvesters.org

website: www.harvesters.org

Income Guidelines: https://tinyurl.com/y47cxkys

Congregate Meal Site Pick Up (60 years or older, call to sign up)

Locations:

Eudora Recreation Center (1630 Elm St, Eudora, KS 66025)

Baldwin Healthcare and Rehab Center (1223 Orchard Ln, Baldwin City, KS 66006)

Babcock Place (1700 Massachusetts St, Lawrence, KS 66044)

Midland Care (319 Perry St, Lawrence, KS 66044)

Description: Fill Out the UPR form & Return (See Directions Below)

- Print the attached form and either email to mow@mowks.org, fax to 1-844-395-8849 or mail to: Meals on Wheels of Eastern Ka
  Kansas 66614.
- UPR Form Link: http://www.mowks.org
- For UPR questions please call 785-430-

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Meals on Wheels of Eastern Kansas
Address: 2134 SW Westport Dr, Topeka, KS 66614
Phone: 785-430-2186
Email: mow@mowks.org
Website: http://www.mowks.org/
Description: Meals on Wheels of Eastern Kansas provides meals for older adults in Douglas, Shawnee, and Jefferson counties. Services include nutritious home-delivered meals for homebound, senior, or disabled individuals and congregate dining center meals for individuals over 60 (visit http://www.mowks.org/services.shtml for a full description of services). Call 785-430-2186 or email mow@mowks.org to learn more and see if you qualify.

Senior Resource Center - Senior Assistance for Grocery Access
Hours: Drivers (Mon - Fri 7:30 am - 3:00 pm)
If your food can't be picked up during these hours other arrangements can be made
Phone: 785-842-0543
leave a message with your name and phone number & we'll get back to you. The caller ID when we call back will show "blocked number".
Email: contact@YourSRC.org
Services:

1. Transportation to the grocery store - Call Senior Wheels to schedule a ride at 785-727-7876.
2. Assisting you to place an online grocery store order (Have your debit and credit card available)
3. Assisting you with registration with Just Food
4. Providing delivery of grocery orders or Just Food Boxes.

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