### 1. ECKAN

S 785-841-3357 | 2518 Ridge Ct. Food pantry, clothing closet, and emergency rent & utility assitance.

### 2. The Ballard Center

S 785-842-0729 | 708 Elm St. Food pantry, clothing closet, and emergency rent & utility assitance.

3. Bert Nash Community Mental Health S 785-843-9192 | 200 Maine St. Housing/rent/utility assistance, mental health crisis services. and homeless outreach.

# 4. Catholic Charities

S 785-856-2694 | 1525 W 6th St. Food, clothing, housing assistance, emergency rent & utility assitance.

5. Senior Resource Center

785-842-0543 | 745 Vermont St. Ś Senior transportation and rent/utility assitance.

#### 6. DARE Center

2 785-856-0698 | 944 Kentucky St. Laundry/shower and homeless drop-in services. Mon-Fri, 2-6pm.

### 7. Sunrise Project

785-865-1618 | 1501 Learnard Ave. Food pantry and community garden.

# 8. L.I.N.K.

785-331-3663 | 221 W. 10th St. Free lunch: Tue, Thurs, Sat, & Sun.

# 9. Kansas Suicide Prevention HQ

785-841-2345 | 2110 Delaware St. Ste. B Confidential 24/7 mental health hotline Suicide prevention lifeline: 800-273-8255

# 10. Just Food

785-856-7030 | 1000 E. 11th St. Food pantry.

# 11. Lawrence Community Shelter

🙈 785-832-8864 | 3655 E. 25th St. Emergency shelter.

# 12. Family Promise

- 785-764-9506 | 905 Tennesssee St. Ś
- Emergency shelter for families.
- 🟠 housing assistance.

# 13. Lawrence Memorial Hospital

785-505-5000 | 325 Maine St.

24/7 emergency department and pyschiatric stabilization services.

# 14. The Salvation Army

- 785-843-4188 | 946 New Hampshire St. Ś
  - Rent/utility/housing assistance, food
  - pantry, homeless drop-in services.
- Free lunch: Mon, Wed, & Fri at 1:00.

#### 15. Tenants to Homeowners

785-842-5494 | 2518 Ridge Ct. Ś Rent/housing guidance and assistance, affordable housing.

Food

### 16. Centro Hispano

785-843-2039 | 204 W 13th St. S Bilingual rent/housing/case mgmt.

#### 17. The Children's Shelter

- 785-843-2085 | 1925 Delaware St. S Emergency rent and utility assitance for families.
- 18. Sexual Trauma & Abuse Care Center
- 785-843-8985 | 708 W. 9th St.

Walk-in hours and a free confidential 24/7 hotline.

### 19. Willow Domestic Violence Center

- 785-843-3333 | 1-800-7700-3030
- 24/7 hotline, emergency shelter
- for domestic violence survivors.
- 20. Housing and Credit Counseling
- 800-383-0217 | 2518 Ridge Ct. Financial planning assistance, tenant-landlord counseling, and homebuyer counseling
- 21. Meals on Wheels (Lawrence)
- L:785-830-8844 | 2121 Kasold, Ste B.
- Meals on Wheels (Midland Care-Topeka)
- T:785-430-2186 | 2134 SW Westport Dr. Delivered meals for home-bound elders and people with disabilities.
- 22. Jayhawk Area on Aging
- 800-798-1366 | 2001 Haskell Ave. Assistance with security deposits and moving expenses.
- 23. Positive Bright Start
- 785-842-9679 | 1900 Delaware St. Ś Family therapy. Early education, tuition, and classrooms.

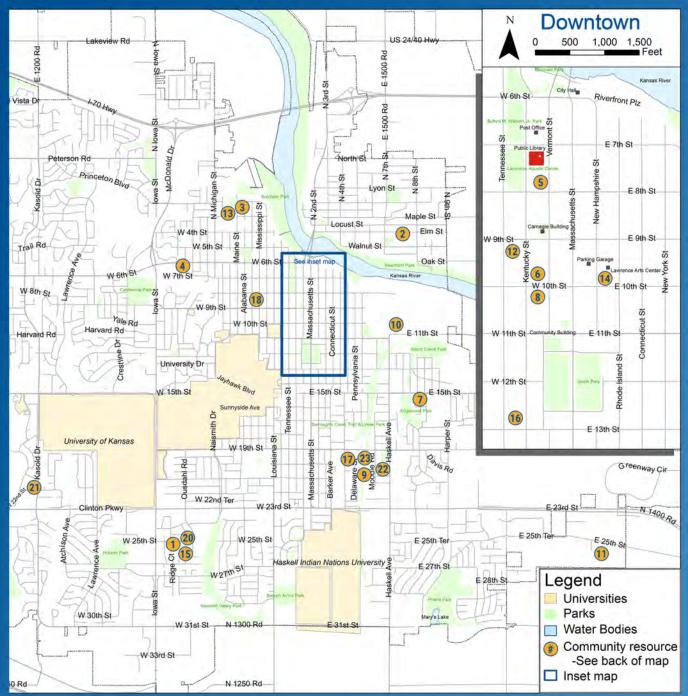
S Financial Stability

Health

Shelter



**Homeless Outreach** 





**United Way of Douglas County** 



A simple guide to the resources available in Douglas County.



# Get Connected. Get Help.™



This map is a basic guide to services in Douglas County but isn't an exhaustive list. For further direction contact 2-1-1 anytime for free resource navigation. To learn which specific programs the United Way funds visit unitedwaydgco.org and follow us on social media!





Search at 211Kansas.org

Text your ZIP code to 898211