



1195 SW Buchanan, Suite 101, Topeka, KS 66604
 Phone: (785) 234-0217 • Fax: (785) 234-0237
 Email: hcci@housingandcredit.org
 Website: www.housingandcredit.org

Topeka Resource Guide

Serving Kansas since 1972.

Updated December 2023

| ANIMAL | ADDRESS | PHONE | SERVICES | WEBSITES |
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| 1. Capitol Area Animal Response Team (CAART) | Topeka Community Foundation 5431 SW 29 th St., Suite 300, Topeka, KS 66614 | 785-925-3678 | Crisis sheltering services; disaster response; temporary pet food supply to owners with financial hardship (distribution on 1 st Saturday of month at our Forbes Field warehouse facility). | www.shawneecaart.org |
| 2. Cat Association of Topeka (CAT) | 1719 SW Gage Blvd., Topeka, KS 66604 | 785-272-4735 | No-kill cat shelter; has emergency foster homes. | www.topekacat.org/ |
| 3. Critter Care of Topeka | P.O. Box 67341, Topeka, KS 66667 | 785-478-9985 | Provides low or no-cost spray-neuter for dogs and cats. | www.crittercareoftopeka.com |
| 4. Helping Hands Human Society | 5720 SW 21 st St., Topeka, KS 66604 | 785-233-7325 | Educational programs, cruelty investigations, sheltering for homeless and unwanted pets, pet adoptions, spaying and neutering, emergency animal rescues, lost and found programs. | https://www.hhstopeka.org/ |
| 5. PANT (Pet Assistance Network of Topeka, Inc.) | 2725 SW Lagito Dr., Topeka, KS 66614 | 785-806-8431 | Provides temporary placement for pets belonging to people who are temporarily homeless or fleeing from a domestic violence situation. Pets are cared for until the owners' lives improve, and they can be reunited with their pets. | www.topekapant.org |
| 6. Topeka Animal Control | 320 S. Kansas Ave., #100, Topeka, KS 66603 | 785-368-9484 | The officers of this Unit are responsible for enforcing various city ordinances regarding animals, including the leash law, vaccination and licensing requirements, and the cruelty ordinance as well as checking on neglected or abused animals. | https://www.topeka.org/tpd/animal-control/ |
| DISABILITY | ADDRESS | PHONE | SERVICES | WEBSITES |
| 1. Jayhawk Aging & Disability Resource Center | 2910 Southwest Topeka Blvd., Topeka, KS 66611 | 855-200-2372 | The ADRC is designed to empower older adults and persons with disabilities to make informed choices about their services and supports. The ADRC provides objective information and assistance to help people access private or publicly funded service programs. | https://www.ihawkaa.org/services/jayhawkadrc/ |
| 2. Kansas Commission for the Deaf and Hard of Hearing | 555 S. Kansas Ave., 3 rd Floor, Topeka, KS 66603 | 785-368-8034 | Provides interpreter referral and coordination, rehabilitation services, mental health services, and awareness/public education. | https://kcdhh.ks.gov/ |
| 3. Kansas Vocational Rehabilitation | 555 S. Kansas Ave., 3 rd Floor, Topeka, KS 66603 | 785-368-7143 | Counselors work with people with disabilities to help them assess their skills to develop individualized plans for employment and to purchase or arrange for the services they need to become employed. | http://www.dcf.ks.gov/services/RS/Pages/Employment-Services.aspx |

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| 4. SLI (Sheltered Living, Inc.) | 3401 Harrison St., Topeka, KS 66611 | 785-233-2566 | Supports people who are mentally challenged. Residential programs offer 24-hour staff for those who are medically fragile and independent living for individuals with the ability to work and need minimal support. | https://slitopeka.org/ |
| 5. Social Security Administration | 600 SW Commerce Pl., Topeka, KS 66615 | 888-327-1271 | Provides disability benefits for those unable to engage in substantial gainful activity due to physical or mental impairments (12 months or longer in duration). | https://www.ssa.gov/ |
| EDUCATION - EMPLOYMENT | ADDRESS | PHONE | SERVICES | WEBSITES |
| 1. A-OK (Accelerating Opportunity) Program at Washburn Tech | 5724 SW Huntoon St., Topeka, KS 66604 | 785-670-2601 | Prepares students to earn a General Educational Diploma (GED) while learning technical skills that can lead to a job. | https://www.washburntech.edu/career-programs/AO-K.html |
| 2. Heartland Works, Inc. | 5020 SW 28 th St., Suite 100, Topeka, KS 66614 | 785-234-0500 | Provides adult and dislocated worker employment-related services. | https://workforcecenters.com/heartland-works-inc/ |
| 3. Kansas Loan Pool Project (Catholic Charities of Northeast Kansas) | 9720 W 87 th St., Overland Park, KS 66212 | 913-433-2050 | Helps eliminate high-interest title or payday loans by issuing participants a new, low-interest loan and offering the opportunity to enroll in a financial education series. | https://catholiccharitiesks.org/wp-content/uploads/klpp-sheet-v4.pdf |
| 4. Mirror Work for Success | 107 SW 6 th St., Suite 2, Topeka, KS 66603 | 785-246-5737 | Provides unemployed or underemployed families with minor children and young adults with professional development training, parenting classes, and financial literacy skills. | https://www.mirrorinc.org/work-for-success |
| 5. Orion Diploma Completion | 5331 SW 22 nd Place, Topeka, KS 66614 | 785-228-2336 | Offers an Adult Diploma Completion Program designed to help students earn their high school diploma. | https://orioneducation.org/ |
| 6. Topeka & Shawnee County Public Library | 1515 SW 10 th Ave., Topeka, KS 66604 | 785-580-4400 | Offers computer, technology, and gadget help classes and appointments to train on basic computer skills, library digital resources, and technology training. | http://events.tscpl.org/events?type=computer |
| 7. Topeka Workforce Center | 1430 SW Topeka Blvd., Topeka, KS 66612 | 785-235-5627 | Helps employers find skilled workers and helps career seekers access the tools needed to manage careers by utilizing State of Kansas-administered internet job resources to check availability of jobs and obtain information. | https://workforcecenters.com/topeka/ |
| 8. Topeka Youth Project – Jobs for Young Adults | 1801 SW Wanamaker Rd., Suite H04, Topeka, KS 66604 | 785-273-4141 | Offers classes for young adults on topics such as job searches, resume writing, and interview skills. | https://www.topekayoutproject.com/jva--jobs-for-young-adults |
| FINANCES | ADDRESS | PHONE | SERVICES | WEBSITES |
| 1. Kansas Department of Revenue – Taxpayer Assistance Center | 120 SE 10 th Ave., Topeka, KS 66612 | 785-368-8222 | Offers Kansas income tax return and homestead claim assistance by offering in-person appointments, a phone line, and an email address to respond to inquiries. | https://www.ksrevenue.gov/taxpayeradvocate.htm#tac |
| HEALTHCARE | ADDRESS | PHONE | SERVICES | WEBSITES |
| 1. American Cancer Society | P.O. Box 171335, Kansas City, KS 66117 | 800-227-2345 | Offers programs and services to help you during and after cancer treatment, including a 24/7 cancer helpline, lodging during treatment, and rides to treatment. | https://www.cancer.org/ |
| 2. American Diabetes Association | 2451 Crystal Drive, Suite 900, Arlington, VA 22202 | 800-342-2383 | Offers programs and services to help diabetes patients, including providing information about diabetes education and prevention, a co-pay relief program, and diabetes devices and technology while also giving a voice to those denied their rights because of diabetes. | https://diabetes.org/ |

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| 3. American Heart Association | 13851 W. 63 rd St., #346, Shawnee, KS 66216 | 913-652-1913 | Offers programs and services to help patients with heart disease, including funding research, investing in community efforts, and launching an initiative to control blood pressure. | https://www.heart.org/en/affiliates/kansas/kansas |
| 4. American Legion | 3029 NW US Highway 24, Topeka, KS 66618 | 785-296-9400 | Provides durable medical equipment (wheelchairs, walkers, commodes), access to community clinics, and counseling to veterans. | https://www.legion.org/ |
| 5. American Lung Association | 8400 W 110 th Street, Suite 130, Overland Park, KS 66210 | 913-353-9165 | Offers programs and services to help save lives by improving lung health and prevent lung disease by funding lung cancer research, working to protect public health from air pollution, and educating the public about lung health. | https://www.lung.org/ |
| 6. American Red Cross | 1321 SW Topeka Blvd., Topeka, KS 66612 | 785-354-9238 | Provides emergency aid to families and individuals affected by fires, floods, tornadoes, and other natural disasters. Operates blood donation centers and offers classes on first aid and CPR. | https://www.redcross.org/local/kansas.html |
| 7. Assistive Technology for Kansans (ATK) | 2601 Gabriel Ave., Parsons, KS 67357 | 800-526-3648 620-421-6554 (K-Loan) | Connects people with disabilities and health conditions with assistive technology for vision, hearing, speech, and mobility through the distribution of refurbished devices, product demos, short term loans of equipment, and funding for devices. Operates K-Loan, an alternative finance program providing access to financial resources to acquire assistive technology. | https://atk.ku.edu/ https://skionline.com/k-loan/ |
| 8. Audient – An Alliance for Accessible Hearing Care | 3191 West Temple Ave., Suite 200, Pomona, CA 91768 | 866-956-5400 | Provides hearing aids at a reduced cost to low-income patients. | https://audientalliance.org/ |
| 9. Donated Dental Services (DDS) in Kansas | P.O. Box 4266, Topeka, KS 66604 | 785-273-1900 | Provides dental services to patients over 65 years of age and permanently disabled. | https://dentallifeline.org/kansas/ |
| 10. Eyecare America | 655 Beach St., San Francisco, CA 94109 | 877-887-6327 | Provides no-cost eye exams and free or discounted medication to qualifying patients. | https://www.aao.org/eye-care-america |
| 11. Grace Med | Capitol Family Clinic: 1400 SW Huntoon St., Topeka, KS 66604 Highland Park Family Clinic: 2025 SE California Ave., Topeka, KS 66607 | 785-861-8800 | Provides healthcare on a sliding scale, based on income, even if no insurance. Accommodates the homeless, those experiencing financial hardship, and those wishing to maintain privacy and safety. Provides primary care, disease and chronic illness management, prenatal care, women's health, and pediatric services. | https://gracemed.org/ |
| 12. HealthAccess - Shawnee County Medical Society (SCMS) | P.O. Box 615, Topeka, KS 66601 | 785-235-0996 | Provides physician care, hospital services, and medication assistance to low-income, uninsured residents of Shawnee County. | https://scmsha.org/ |
| 13. KanCare | 900 SW Jackson St., Topeka, KS 66612 | 800-792-4884 | Administers Medicaid and provides managed care that combines health care with community long-term services and support to individuals and families with limited incomes. | https://kancare.ks.gov/ |
| 14. Kansas Association for the Blind / Visually Impaired | 712 S. Kansas Ave., Suite 414 D-F, Topeka, KS 66603 | 785-235-8990 | Strives to increase the independence, opportunity, and quality of life for all blind and visually impaired. | http://kabvi.com/ |
| 15. Kansas Commission on Disability Concerns | 900 SW Jackson St., Room 100A, Topeka, KS 66612 | 800-295-5232 | Provides useful and relevant information to people with disabilities living in the state of Kansas, including information about a suicide prevention line, healthcare, renting or buying a home, service animals, and money and financial literacy. | https://kcdinfo.ks.gov/home |
| 16. Kansas Commission on Veterans Affairs | 700 SW Jackson St., Topeka, KS 66603 | 800-513-7731 785-296-3976 | Assists veterans in filing claims for VA health care, service-connected disability compensation, education, non-service | https://kcva.ks.gov/veteran-services/programs-services |

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| 17. Kansas Department of Health and Environment – Division of Public Health | 1000 SW Jackson St., Suite 210, Topeka, KS 66612 | 785-296-6174 | Funds dental care services, medical case management, medications, mental health and substance abuse services, and primary care services for people living with HIV infections. | https://www.kdhe.ks.gov/355/The-Ryan-White-Part-B-Program |
| 18. Kansas Drug Card | 4536 SE 37 th St., Topeka, KS 66605 | 913-638-8415 | Provides a free statewide discount prescription assistance program. | https://kansasdrugcard.com/ |
| 19. Lion’s Club | P.O. Box 4434, Topeka, KS 66605 | 785-491-8555 | Provides eyeglasses for those who qualify and free vision screening for daycare age children. Twilight Branch focuses on diabetes and human trafficking prevention. | https://topekaliions.org/ |
| 20. Marian Dental Clinic | 3164 SE 6 th St., Topeka, KS 66607 | 785-233-2800 | Provides dental care for people living in Shawnee County who are financially unable to obtain dental care elsewhere. | https://www.mariandental.org/ |
| 21. Needy Meds | 50 Whittemore St., Gloucester, MA 01930 | 800-503-6897 | Offers a website as a source of information on thousands of programs that provide discounted medical services. | https://www.needymeds.org |
| 22. PM Nurse Information Line – Health Connections (4:30pm – 8:00am) | Stormont Vail Health 1500 SW 10 th Ave., Topeka, KS 66604 | 785-354-5225 | Provides access to nurses, who can assist with health information after the doctor’s office has closed. | https://www.stormontvail.org/patient-resources/support-services/nurse-information-line/ |
| 23. Resource Center for Independent Living | 1507 SW 21 st St., Suite 203, Topeka, KS 66604 | 785-528-3105 | Offers a Durable Medical Equipment Loan Program, providing medical equipment such as wheelchairs and walkers for loan, free of charge. Provides advocacy and independent living skills training to people with disabilities. | https://rciinc.org/service/s/dme |
| 24. Salvation Army Topeka | 1320 SE 6 th Ave., Topeka, KS 66607 | 785-233-9648 | Provides a food pantry, rent and utility assistance, prescriptions, eye exams, glasses, and clothing vouchers. Operates a Community Meal Program. Assists victims of disaster relief by distributing food, blankets, shelter, and assistance with clean-up. | https://centralusa.salvati.onarmy.org/topeka/ |
| 25. Shawnee County Community Developmental Disability Organization (CDDO) | 2701 SW Randolph Ave., Topeka, KS 66611 | 785-232-5083 | Serves as the single point of contact for people seeking support and services for intellectual and developmental disabilities. | http://www.snccdo.org/ |
| 26. Shawnee County Health Department | 2600 SW East Circle Dr., Topeka, KS 66606 | 785-251-5600 | Provides immunizations, information about communicable diseases, an STD Clinic, childcare licensing, and responses to environmental health concerns, such as animal rabies, bedbugs, mold, nuisances, and waste. | https://www.snco.us/hd/ |
| 27. Topeka Dental Clinic | 2037 SE 29 th St., Topeka, KS 66605 | 785-267-9500 | Provides dental care to children on Medicaid. | https://kansasyouthdentall.com/philosophy-of-care/ |
| HOMELESSNESS | ADDRESS | PHONE | SERVICES | WEBSITES |
| 1. City of Topeka – Shelter Plus Care | 620 SE Madison St., Topeka, KS 66607 | 785-368-3711 | Provides rental assistance to homeless persons with disabilities, primarily those with mental illness, substance abuse problems, or a serious diagnosed illness. | https://www.topeka.org/housing-services/shelter-plus-care/ |
| 2. Topeka Rescue Mission Ministries | 600 N Kansas Ave., Topeka, KS 66608 | 785-354-1744 | Strives to meet the basic needs of the homeless, including food, clothing, safety, and shelter as well as long-term needs, such as spiritual ministry, education and job training, and housing assistance. | https://www.trmonline.org/ |
| 3. U.S. Department of Veterans Affairs – VA Homeless Programs | 4800 Main St., Suite 107, Kansas City, MO 64112 | 877-424-3838 | Connects homeless at-risk veterans with housing solutions, health care, and community employment services. | https://www.va.gov/homeless/ |

| HOUSING | ADDRESS | PHONE | SERVICES | WEBSITES |
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| 1. American Red Cross | 1321 SW Topeka Blvd., Topeka, KS 66612 | 785-354-9238 | Provides emergency aid to families and individuals affected by fires, floods, tornadoes, and other natural disasters. Operates shelters and provides meals for victims of natural disasters. | https://www.redcross.org/local/kansas.html |
| 2. Center for Safety and Empowerment (YWCA) | 225 SW 12 th St., Topeka, KS 66612 | 785-354-7927 888-822-2983 (24-hour line) | Provides emergency shelter for women and children, counseling, assistance with restraining orders, and support groups for victims of domestic and sexual violence, stalking, and human trafficking. | https://www.ywcaneks.org/what-we-do/cse/ |
| 3. City of Topeka (Home Emergency Repair, Handicapped Accessibility, Rental Rehab, Major Rehab, Demolition Programs, Property Maintenance Rehab, and Weatherization) | 620 SE Madison St., Topeka, KS 66607 | 785-368-3711 | Assists with repairs for low-income homeowners to bring homes up to code and to address immediate health and safety concerns. Provides grants to assist with home improvements for homeowners with disabilities. Offers a Weatherization Program to provide a grant for assistance with insulation, HVAC systems, and sealing. Tenants can report landlords for rental housing maintenance violations and for retaliation for requesting maintenance. Report unsafe structures, inoperable vehicles, weeds and graffiti on private property. | https://www.topeka.org/housing-services/housing-rehabilitation-program/ |
| 4. Cornerstone of Topeka | 1195 SW Buchanan St., Suite 103, Topeka, KS 66604 | 785-232-1650 | Provides affordable housing and long-term rentals to low-income individuals and families as well as disabled and special needs persons. Provides transitional housing to the homeless. | https://cornerstoneoftopeka.org/ |
| 5. Florence Crittenton Services | 2649 SW Arrowhead Rd, Topeka, KS 66614 | 785-233-0516 | Offers a Psychiatric Residential Treatment Facility that provides 24/7 therapeutic treatment for females with mental health disorders or high-risk behaviors as well as outpatient mental health services offering individual therapy, family therapy, and medication management. | https://flocritkansas.org/ |
| 6. Habitat for Humanity | 121 NE Gordon St., Topeka, KS 66608 | 785-234-4322 | Builds affordable homes for lower income families who purchase homes through a no-interest mortgage and make monthly payments. Offers home repair services to low-income homeowners age 60 or older. Provides a Tool Bus that is deployed to neighborhoods to give access to tools and equipment. | https://www.topekahabitat.org/ |
| 7. Housing and Credit Counseling, Inc. (HCCI) | 1195 SW Buchanan St., Suite 101, Topeka, KS 66604 | 785-234-0217 800-383-0217 | Provides housing counseling for tenants, landlords, homeowners, and homebuyers. Landlord/tenant publications are available. Provides financial counseling for money management, budget counseling, debt management planning and student loan and medical debt repayment options. | https://housingandcredit.org/ |
| 8. Kansas Housing Resources Corporation | 611 S Kansas Ave., Suite 300, Topeka, KS 66603 | 785-217-2001 | Provides a Tenant Based Rental Assistance program designed to help income-eligible households with rent, security deposit, and/or utility deposits. Provides Weatherization Assistance free of charge for income-eligible homeowners and renters. | http://kshousingcorp.org/renters/tenant-based-rental-assistance/ |
| 9. Kansas Rural Development State Office | 1303 SW First American Pl., Suite 100, Topeka, KS 66604 | 785-271-2700 | Offers housing direct loans and home repair loans and grants to low-income homeowners in eligible rural areas. | https://www.rd.usda.gov/programs-services/single-family-housing-programs |

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| 10. Shawnee County Landlords Association | P.O. Box 2025, Topeka, KS 66601 | 785-224-7696 | Provides education, information, and consultation to landlords in order to develop and maintain rental properties that are safe and meet high standards of health and decency. | https://www.sclandlords.com/ |
| 11. Topeka Housing Authority | 2010 SE California Ave., Topeka, KS 66607 | 785-357-8842 | Provides accessible affordable assisted housing to low-income households, including Section 8 rental housing and public housing. | https://www.tha.gov/ |
| 12. Topeka Independent Living Resource Center, Inc. | 501 SW Jackson St., Suite 100, Topeka, KS 66603 | 785-233-4572 | Assists people with disabilities to assert their civil and human rights and develop independent living skills. Provides repaired durable medical equipment. Provides sign language interpreting services. | https://tilrc.org/ |
| LEGAL | ADDRESS | PHONE | SERVICES | WEBSITES |
| 1. Justice Advice Line | 712 S. Kansas Ave., Suite 200, Topeka, KS 66603 | 800-675-5860 | Connects income-eligible Kansas residents with a paralegal supervised by KLS who can offer immediate legal advice. | https://www.kscourts.org/Public/Legal-Help |
| 2. Kansas Coalition Against Sexual & Domestic Violence (KCSDV) | 634 SW Harrison St., Topeka, KS 66603 | 785-232-9784 888-363-2287 (Crisis Line) 800-799-7233 (DV Line) | Provides free legal assistance and expert advice to sexual assault, domestic violence, and stalking survivors. Operates a 24-hour hotline and offers crisis intervention as well as supportive counseling. | https://www.kcsdv.org/ |
| 3. Kansas Elder Law Hotline | 712 S. Kansas Ave, Suite 200, Topeka, KS 66603 | 888-353-5337 | Connects Kansas residents over the age of 60 with a volunteer attorney for free. | https://www.kansaslegalservices.org/node/2542/kansas-elder-hotline-free-legal-advice-seniors |
| 4. Kansas Holistic Defenders (Topeka Family Legal Project) | 1204 Oread Ave., Lawrence, KS 66045 | 785-269-5955 | Provides free legal assistance to Shawnee County families with at least one minor child who need legal assistance with housing, education, or government benefits. | www.kansasholisticdefenders.org |
| 5. Kansas Legal Services (KLS) | 712 S. Kansas Ave., Suite 200, Topeka, KS 66603 | 785-233-2068 800-723-6953 | Represents low-income persons in family law domestic matters and assists them in accessing state and federal public benefits. Provides assistance to survivors of domestic violence, support services to guardian ad litem, assistance in adoptions. Counsels in child abuse or neglect cases. Conducts expungement clinics. Assists in restoring revoked driver's licenses. Advises KERA-funded tenants prior to eviction hearings and seniors who are victims of fraud. | https://www.kansaslegalservices.org/ |
| 6. Lawyer Advice Line (Kansas Bar Association) | 1200 SW Harrison St., Topeka, KS 66612 | 800-928-3111 | Connects the public with an attorney who can offer immediate legal advice for a fee of \$3.00 per minute. | https://ag.ks.gov/docs/publications/small-claims-court.pdf?sfvrsn=6 |
| 7. Washburn Law Clinic | 1700 SW College Ave., Topeka, KS 66621 | 785-670-1191 | Connects the public with law students supervised by faculty members. Functions as an in-house general practice law firm, providing representation in areas such as civil practice, family justice and immigration, and small business & nonprofit transactional law. | https://www.washburnlaw.edu/students/clinic/ |
| MENTAL HEALTH | ADDRESS | PHONE | SERVICES | WEBSITES |
| 1. Breakthrough House | 403 NW Lyman Rd., Suite A, Topeka, KS 66608 | 785-232-6960 | Offers residential services and a payee program to people diagnosed with mental illness. | https://breakthroughhouse.org/ |
| 2. Family Service & Guidance Center | 325 SW Frazier Ave., Topeka, KS 66606 | 785-232-5005 | Operates a nonprofit community mental health center that provides quality behavioral healthcare for children and | https://fsgctopeka.com/ |

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| 3. National Alliance on Mental Illness (NAMI) | P.O. Box 5073, Topeka, KS 66605 | 785-580-3021 | Offers support groups and educational program for people with mental health conditions and their families. Offers a helpline, providing free information about mental illness. | https://www.namitopeka.org/ |
| 4. Stormont Vail Behavioral Health Center | 1500 SW 10 th Ave., Topeka, KS 66604 | 785-270-4600 | Provides inpatient and outpatient treatments for behavioral health problems, including impulse, trauma, personality, mood, anxiety, and thought disorders. | https://www.stormontvail.org/primary-care/behavioral-health-care/ |
| 5. Valeo Behavioral Health Care | 330 SW Oakley Ave., Topeka, KS 66606 | 785-233-1730 785-234-3300 (Crisis Line) 785-234-3448 (Detox Line) | Provides essential medical health and substance use recovery services to adults in Shawnee County regardless of their ability to pay. | https://www.valeotopeka.org/ |
| RENT – UTILITIES – FOOD PANTRIES | ADDRESS | PHONE | SERVICES | WEBSITES |
| 1. Catholic Charities | 234 S. Kansas Ave., Topeka, KS 66603 | 785-233-6300 | Offers a self-shopping food pantry, free diapers, clothing assistance, and rental/utility assistance. | https://catholiccharitiesks.org/where-we-work/topeka/ |
| 2. City of Topeka Fire Department | 324 SE Jefferson St., Topeka, KS 66607 | 785-368-4000 | Provides free smoke alarms. Provides surveys of any current smoke alarms in the home, including replacing batteries, replacing outdated alarms, and educating on testing and maintaining smoke alarms in the home. | https://www.topeka.org/tfd/smoke-alarm-program/ |
| 3. Community Action | 455 SE Golf Park Blvd., Topeka, KS 66605 | 785-836-4500 | Provides rent and utility support, affordable housing, rapid re-housing as well as the Head Start program for children (nutritious meals), food pantries, and a diaper depot. Provides a Weatherization Assistance Program to improve the safety and energy efficiency of homes occupied by low-income families. | https://www.wefightpove.org/our-way/ |
| 4. Community Resources Council | 455 SE Golf Park Blvd., Topeka, KS 66605 | 785-233-1365 | Offers a City of Topeka Franchise Fee Credit Program to provide eligible households a standardized credit for utility services. | https://crcnet.org/franchise-fee-credit-program/ |
| 5. E.A.S. (Equity.Access.Shelter) | Cyrus K. Holliday Building, 620 SE Madison Ave., Topeka, KS 66607 | 785-368-9533 | Offers a single point access to quickly help locate rent/mortgage assistance. E.A.S. staff will work with you to assess your level of need and connect you with the right resources for your situation. Email: EAS@topeka.org | https://www.topeka.org/eas/ |
| 6. Doorstep | 1119 SW 10 th Ave., Topeka, KS 66604 | 785-357-5341 | Provides food, clothing, rent, transportation (local gas vouchers/bus tickets), prescriptions, and utilities for those who require assistance with critical needs. | https://www.doorsteptopeka.org/ |
| 7. El Centro de Topeka | 134 NE Lake St., Topeka, KS 66616 | 785-232-8207 | Provides culturally sensitive assistance to low-income Hispanic families through education and empowerment. | http://www.llofks.org/about/organizations/ |
| 8. Harvesters Community Food Network | 215 SE Quincy St., Topeka, KS 66603 | 785-861-7700 | Distributes food and household products through a network of food pantries and kitchens. | https://www.harvesters.org/ |
| 9. Cash Assistance (Temporary Assistance to Needy Families) | | 877-653-9522 | Provides a hotline for assistance with the Supplemental Nutrition Assistance Program (SNAP). | https://www.harvesters.org/get-food-assistance/snap-assistance |

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| 10. I-Care, Inc. Food Pantry | 2914 SE Michigan Ave., Topeka, KS 66605 | 785-267-5910 | Provides emergency food and other support services, such as a baby care program, backsnack program, and distribution of school supplies. | https://icaretopeka.org |
| 11. Kansas Department for Children and Families (DCF) | 500 SW Van Buren St., Topeka, KS 66603 | 785-296-2500 | Provides child support services, economic services such as food assistance, employment services such as vocational rehabilitation, and a family crisis response hotline. | www.dcf.ks.gov |
| 12. Commodity Supplemental Food Program (CSFP) | | 785-368-8120 | Provides a food package to persons 60 years of age or older. | http://www.dcf.ks.gov/services/ees/Pages/USDA-Commodity-Programs/CSFP/CSFP.aspx |
| 13. Emergency Food Assistance Program (TEFAP) | | 785-296-2072 | Provides free USDA commodity foods to low-income households. | http://www.dcf.ks.gov/services/ees/pages/usda-commodity-programs/emergency-food-assistance-program-(tefap).aspx |
| 14. Low Income Energy Assistance Program (LIEAP) | | 800-432-0043 | Helps eligible households pay a portion of their home energy costs by providing a one-time per year benefit. | http://www.dcf.ks.gov/services/ees/Pages/EnergyAssistance.aspx |
| 15. Let's Help | 200 S. Kansas Ave., Topeka, KS 66603 | 785-234-6208 | Provides a food pantry and clothing bank. Provides financial help for emergency services, such as rent, utilities, and medical expenses. Offers an employment program for job readiness and employment placement for Kansans 55 and older. Offers GED preparation. Provides help buying prescription medications and getting tooth extractions. | https://letshelpinc.org/ |
| 16. Lifeline Program (Free cell phones, service plans) – Q Link, Assurance | 499 E Sheridan St., Suite 300, Dania, FL 33004 (Q Link) P.O. Box 5040 Charleston, IL 61920 (Assurance) | 855-754-6543 (Q Link) 888-898-4888 (Assurance) | Provides free wireless service (talk, text, & data) to participants in SNAP, Medicaid, Supplemental Security Income, Veteran's Pension and Survivors Pension Program, or Section 8. (Q Link) Provides a free smartphone and service plan to low-income residents. (Assurance) | https://www.qlinkwireless.com/ https://www.assurancewireless.com/help-center/about-us |
| 17. Low-Cost Student Internet (Cox) | 1109 SW Wanamaker Rd., Topeka, KS 66604 | 855-222-3252 | Offers low-cost internet for families with K-12 students who participate in a government assistance program. | https://www.cox.com/residential/internet/connect2compete.html |
| 18. Meals on Wheels of Eastern Kansas | 2134 SW Westport Dr., Topeka, KS 66614 | 785-430-2186 785-295-3980 | Operates Dining Centers (Kansas Benefit Cards are accepted) and a Home-Delivery Program (Vision Cards are accepted). Meals are served to persons 60 years of age or older. | https://www.midlandcareconnection.org/meals-on-wheels/ |
| 19. Mom's Meals | 3210 SE Corporate Woods Dr., Ankeny, IA 50021 | 877-508-6667 | Offers meals to clients covered under Medicare, Medicaid, Long-Term Services and Supports programs, or the Older American Act. | https://www.momsmeals.com/ |
| 20. PayOnline (City of Topeka) | 215 SE 7 th St., Topeka, KS 66603 | 785-368-3111 | Provides the ability to pay a variety of utility bills online. | https://www.topeka.org/payonline/ |
| 21. Project Deserve – Evergy | 818 South Kansas Avenue, Topeka, KS 66612 | 316-219-2121 800-383-1183 | Provides emergency assistance paying energy costs for people with a severe disability, older adults, and income-eligible households. | https://www.evergy.com/manage-account/billing/billing- |

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| 22. Salvation Army Topeka | 1320 SE 6 th Ave., Topeka, KS 66607 | 785-233-9648 | Provides a food pantry, rent and utility assistance, prescriptions, eye exams, glasses, and clothing vouchers. Operates a Community Meal Program. Assists victims of disaster relief by distributing food, blankets, shelter, and assistance with clean-up. | https://centralusa.salvati.onarmy.org/topeka/ |
| 23. Topeka North Outreach | 210 NW Menninger Road, Topeka, KS 66617 | 785-286-1370 | Provides community assistance in the form of utilities, rent, and medical needs. Distributes food through the Operation Food Secure program. Distributes food sacks, hygiene kits, and school supplies. | https://www.topekanorthoutreach.org/ |
| 24. United Way of Kaw Valley | 1527 SW Fairlawn Rd., Topeka, KS 66604 | 211 785-273-4804 | Connects people with services for housing & shelter; financial assistance; food; transportation; family support; health & dental care; mental health & addiction; clothing, hygiene, and household goods; seniors & disability; employment & education; legal & money management; and taxes. | www.211Kansas.org |
| SENIOR CITIZENS | ADDRESS | PHONE | SERVICES | WEBSITES |
| 1. East Topeka Senior Center | 432 SE Norwood St., Topeka, KS 66607 | 785-232-7765 | Provides transportation to medical appointments and grocery stores to senior citizens. Distributes food through Meals on Wheels and the emergency food assistance program. | https://www.easttopekasiens.org/ |
| 2. Jayhawk Area Agency on Aging, Inc. | 2910 SW Topeka Blvd., Topeka, KS 66611 | 785-235-1367 | Offers senior health insurance counseling, including information about prescription help, for Medicare beneficiaries. Provides meal plan solutions for seniors. Provides in-home services and attendant care on a sliding fee scale. Operates the Jayhawk Aging & Disability Resource Center, which provides options counseling and community resource information. | https://www.jhawkaa.org/ |
| 3. Kansas Department for Aging and Disability Services | 503 S Kansas Ave., Topeka, KS 66603 | 785-296-4986 800-860-5260 (SHICK) | Offers Senior Health Insurance Counseling for Kansas (SHICK), a free program for answers about Medicare. | https://kdads.ks.gov/kdads-commissions/long-term-services-supports/aging-services/medicare-programs/shick |
| 4. Kansas Long-Term Care Ombudsman | 900 SW Jackson St., Suite 1041, Topeka, KS 66612 | 785-296-3017 | Investigates and resolves complaints and concerns for residents in nursing homes, assisted living facilities, and other long-term care homes. | https://ombudsman.ks.gov/ |
| 5. Papan's Landing Senior Center | 619 Paramore St., Topeka, KS 66608 | 785-232-1968 | Assists older people by providing resources for them to enjoy their retirement years and stay independent. | https://www.papanslandi.ng.org |
| 6. Social Security Administration | 600 SW Commerce Pl., Topeka, KS 66615 | 888-327-1271 | Provides disability benefits for those unable to engage in substantial gainful activity due to physical or mental impairments (12 months or longer in duration). | https://www.ssa.gov/ |
| 7. Topeka LULAC Senior Center | 1502 NE Seward Ave., Topeka, KS 66616 | 785-234-5809 | Provides basic needs shopping trips, activities such as cooking and computer classes, and monthly health checks to senior and individuals with physical limitations. | https://www.topekalulacseniorcenter.com |
| SUBSTANCE ABUSE | ADDRESS | PHONE | SERVICES | WEBSITES |

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| 1. Mirror of Topeka - Outpatient Office | 1401 SW Topeka Blvd., Topeka, KS 66612 | 785-260-6688 | Provides primary treatment through an outpatient setting to adults and adolescents struggling with a drug or alcohol addiction. | https://www.mirrorinc.org/locations-feed/topeka-outpatient-treatment-program |
| Residential Treatment Center | 2201 SE 25 th St., Topeka KS 66605 | 785-783-3274 | Provides 24-hour care and residential living designed to keep patients with a drug or alcohol addiction sober and help them re-enter society. Provides tools needed to manage life and prevent relapse. | https://www.mirrorinc.org/locations-feed/topeka-residential-re-entry-center |
| 2. New Dawn Wellness & Recovery Center | 1221 SW 17 th St., Topeka, KS 66604 | 785-266-0202 | Provides counseling and support services for substance abuse and gambling addiction. Provides DUI support and treatment plans and assessments. Offers an Alcohol and Drug Information School. | https://www.newdawnrecovery.org/ |
| 3. Prevention & Resiliency Services (PARS) | 2209 SW 29 th St., Topeka, KS 66611 | 785-266-8666 785-266-4606 (Safe Streets) | Provides bilingual drug and alcohol evaluations to youth and adults. Provides training courses on alcohol, tobacco and vaping, marijuana, and prescription drugs. Organizes Safe Streets to create a healthier community by addressing substance abuse and crime through prevention education and citizen empowerment. | https://parstopeka.org/ https://www.safestreets.org/ |
| 4. Sims-Kemper Clinical Counseling & Recovery Services | 1701 SW Medford Ave., Topeka, KS 66604 | 785-233-0666 | Provides addiction treatment and recovery treatment, peer mentoring, and alcohol and drug testing with the option of sliding scale fees and no out-of-pocket cost for gamblers. | https://www.sims-kemper.com/ |
| 5. Valeo Behavioral Health Care | 330 SW Oakley Ave., Topeka, KS 66606 | 785-233-1730 785-234-3300 (Crisis Line) 785-234-3448 (Detox Line) | Provides essential medical health and substance use recovery services to adults in Shawnee County regardless of their ability to pay. | https://www.valeotopeka.org/ |
| THRIFT STORES & FURNITURE | ADDRESS | PHONE | SERVICES | WEBSITES |
| 1. God's Storehouse Thrift Store | 2111 SW Chelsea Dr., Topeka, KS 66614 | 785-608-6743 | Sells clothing and household items at discounted prices. | https://www.gshtopeka.org/ |
| 2. Goodwill Topeka | 5515 SW 21 st St., Topeka, KS 66604 | 785-228-9774 | Sells clothing and household items at discounted prices. About 88 cents of every dollar raised goes toward funding career advancement programs and services. | https://www.mokangoodwill.org/locations/goodwill-topeka |
| 3. Maj-R Thrift Topeka | 2020 NW Topeka Blvd., Topeka, KS 66608 | 785-234-3101 | Sells clothing, household items, and furniture at discounted prices. | http://maj-rthrift.com/ |
| 4. Topeka Rescue Mission Thrift Store | 901 N Kansas Ave., Topeka, KS 66608 | 785-235-9094 | Sells clothing, household items, furniture, and appliances at discounted prices. | https://www.thriftstores.net/store/4563/topeka-rescue-mission-thrift-store/ |
| 5. Salvation Army Topeka | 1320 SE 6 th Ave., Topeka, KS 66607 | 785-233-9648 | Sells clothing and household items at discounted prices. | https://centralusa.salvationarmy.org/topeka/ |
| TRANSPORTATION SERVICES | ADDRESS | PHONE | SERVICES | WEBSITES |
| 1. East Topeka Senior Center | 432 SE Norwood St., Topeka, KS 66607 | 785-232-7765 | Provides transportation to medical appointments and grocery stores to persons 60 years of age and older and their spouses. Distributes food through Meals on Wheels and the emergency food assistance program. | https://www.easttopekaseniors.org/ |

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| 2. KanCare – Transportation through Managed Care Organization (MCO) | 900 SW Jackson St., Topeka, KS 66612 | 855-221-5656 (Aetna) 877-644-4623 (Sunflower) 877-542-9238 (United) | Provides transportation to KanCare participants to medical appointments. | https://kancare.ks.gov/consumers/benefits-services |
| 3. Topeka Transit (Lift Paratransit Services) | 820 SE Quincy St., Topeka, KS 66612 | 785-783-7000 | Provides door-to-door public transportation for persons who are unable to use the fixed route services due to a disability. | https://www.topekametro.org/routes-and-detours/the-lift-paratransit-service?searched=lift |
| WOMEN | ADDRESS | PHONE | SERVICES | WEBSITES |
| 1. Birthright of Topeka | 512 SW 7 th St., Topeka, KS 66603 | 785-234-0701 | Provides pregnancy tests; maternity and baby items; information about pregnancy, adoption, and parenting skills; and referrals for medical support, housing, and social assistance. | https://birthright.org/top-eka |
| 2. Center for Safety and Empowerment (YWCA Northeast Kansas) | 225 SW 12 th St., Topeka, KS 66612 | 888-822-2983 | Provides affordable childcare. Provides free and confidential services to victims of domestic violence, sexual assault, and human trafficking. Offers courses to empower women leaders at all stages of their career. | https://www.ywcaneks.org/ |
| 3. Child Care Aware of Eastern Kansas (Successful Connections) | 1100 SW Wanamaker Rd., Topeka, KS 66604 | 785-357-5171 | Aids people in finding solutions for their childcare needs. Connects families and expecting mothers with helpful information and community resources. Assists early learning programs with their services to children and families. | https://east.ks.childcareaware.org/ |
| 4. Kansas Payment Center | P.O. Box 758599, Topeka, KS 66675 | 877-572-5722 | Processes payments for all Kansas child support and maintenance (spousal support) payments. | https://www.kspaycenter.com/ |
| 5. Lifeline Pregnancy Center | 2041 SW McAlister Ave., Topeka, KS 66604 | 785-249-6130 | Provides free pregnancy testing, free unlimited obstetric ultrasounds, options counseling, and parent mentoring. | https://www.lifelinepregnancycenter.com/ |
| 6. Mary's Choices | 551 NW Broad St., Topeka, KS 66608 | 785-246-6805 | Offers free and confidential physician consultation, pregnancy counseling, pregnancy tests, ultrasounds, material assistance (diapers and bottles), and parental training. | https://maryschoices.com/free-services |
| 7. Safe Families for Children – Kansas Chapter | P.O. Box 3732, 15050 W 138 th St., Olathe, KS 66062 | 913-933-3357 | Provides a secure, temporary home for children whose parents are in a crisis situation. | https://kansas.safe-families.org/ |
| 8. Women, Infants, and Children (Shawnee County Health Department) | 2600 SW East Circle Dr., Topeka, KS 66606 | 785-251-5607 | Offers breastfeeding support, immunization screening, and electronic benefit eWic card to buy health foods. | https://www.snco.us/HD/services.asp |
| YOUNG CHILDREN | ADDRESS | PHONE | SERVICES | WEBSITES |
| 1. Boys & Girls Clubs of Topeka | 550 SE 27 th St., Topeka, KS 66605 | 785-234-5601 | Promotes the social, educational, health, leadership, and character development of children during critical periods of their growth by offering programs to ensure that all Club members graduate from high school on time. | https://www.bgctopeka.org/ |
| 2. Diaper Depot (Community Action) | 455 SE Golf Park Blvd., Topeka, KS 66605 | 785-836-4500 | Distributes diapers to families in need with a child between 0- and 3-years old living in the household. | https://www.wefightpoverty.org/our-way/ |
| 3. KanCare | 900 SW Jackson St., Topeka, KS 66612 | 800-792-4884 | Administers Medicaid and provides managed care that combines health care with community long-term services and supports to individuals and families with limited incomes, including medical care for children. | https://kancare.ks.gov/ |

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| 4. Kansas Big Brothers Big Sisters | 2300 SW 29 th St., Topeka, KS 66611 | 785-234-5524 | Matches youth facing adversity with adult mentors. | https://www.kansasbigbrothers.org/ |
| 5. Kansas Children's Service League | 3545 SW 5 th St., Topeka, KS 66606 | 785-274-3100 | Builds awareness to prevent child abuse and neglect. Provides school readiness programs designed to provide a safe and positive environment for child to learn and develop. Promotes family support. Trains children to teach practical, real-world skills. | https://www.kcsl.org/ |
| 6. Kansas Department for Children and Families (DCF) – Child Support Call Center | 500 SW Van Buren St., Topeka, KS 66603 | 785-296-2500 | Provides child support services by establishing parentage, enforcing child and medical support orders, and helping children receive the financial support necessary for their growth and development. | http://www.dcf.ks.gov/services/CSS/Pages/default.aspx |
| 7. Kids Quest (YWCA Northeast Kansas) | 225 SW 12 th St., Topeka, KS 66612 | 785-233-1750 | Provides before and after school programs, offering an afternoon snack, homework assistance, and educational and creative activities. | https://www.ywcaneks.org/what-we-do/youth-services/kids-quest/ |
| 8. National School Lunch and/or School Breakfast Program (Kansas Department of Education) | 900 SW Jackson St., Topeka, KS 66612 | 785-296-7921 | Makes school-age children eligible to apply through the school district for reduced price or free Child Nutrition Program benefits. | https://www.ksde.org/Home/Quick-Links/News-Room/Weekly-News/reduced-price-and-free-school-meals-are-available-2 |
| 9. Safe Families for Children – Kansas Chapter | P.O. Box 3732, 15050 W 138 th St., Olathe, KS 66062 | 913-933-3357 | Provides a secure, temporary home for children whose parents are in a crisis situation. | https://kansas.safe-families.org/ |
| 10. Shawnee County Parks and Recreation | 1800 SE 21 st St., Topeka, KS 66607 | 785-251-2600 | Offers day camps for children, preschool programs, youth and adult classes, and youth and adult sports leagues. | https://parks.snco.us/ |
| 11. Sheldon Head Start | 1155 SW Seabrook Ave., Topeka, KS 66604 | 785-438-4530 | Offers a Head Start program for low-income children, ages three and four, providing on-site medical, nutrition, family advocacy, home visitation, mental health, disability, and education services. | https://sheldon.topekapublicschools.net/about_us |
| 12. TARC | 2701 SW Randolph Ave., Topeka, KS 66611 | 785-232-0597 | Offers free developmental screenings for children. Provides intensive home visitation services to educate and help parents develop basic parenting skills. Provides a program to help families with a child who has a developmental disability or delay. Provides specialized evaluations and therapy for those with feeding and swallowing issues. | https://tarcinc.org/project/childrens/ |
| 13. Topeka Public Schools Parents as Teachers | 2331 SW Topeka Blvd., Topeka, KS 66611 | 785-274-6480 | Provides a free program for soon-to-be parents and parents with children birth to age five to promote optimal early development, learning, and health of children by supporting and engaging their parents and caregivers. | https://sites.google.com/a/tps501.org/topeka-parents-as-teachers/home |
| 14. Women, Infants, and Children (Shawnee County Health Department) | 2600 SW East Circle Dr., Topeka, KS 66606 | 785-251-5607 | Offers breastfeeding support, immunization screening, and electronic benefit eWic card to buy health foods. | https://www.snco.us/HD/services.asp |