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Topeka Resource Guide

Serving Kansas since 1972.

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ANIMAL	ADDRESS	PHONE	SERVICES	WEBSITES
1. Capitol Area Animal Response Team (CAART)	Topeka Community Foundation 5431 SW 29 th St., Suite 300, Topeka, KS 66614	785-925-3678	Crisis sheltering services; disaster response; temporary pet food supply to owners with financial hardship (distribution on 1 st Saturday of month at our Forbes Field warehouse facility).	www.shawneecaart.org
2. Cat Association of Topeka (CAT)	1719 SW Gage Blvd., Topeka, KS 66604	785-272-4735	No-kill cat shelter; has emergency foster homes.	www.topekacat.org/
3. Critter Care of Topeka	P.O. Box 67341, Topeka, KS 66667	785-478-9985	Provides low or no-cost spray-neuter for dogs and cats.	www.crittercareoftopeka.com
4. Helping Hands Human Society	5720 SW 21 st St., Topeka, KS 66604	785-233-7325	Educational programs, cruelty investigations, sheltering for homeless and unwanted pets, pet adoptions, spaying and neutering, emergency animal rescues, lost and found programs.	https://www.hhhstopeka.org/
5. PANT (Pet Assistance Network of Topeka, Inc.)	2725 SW Lagito Dr., Topeka, KS 66614	785-806-8431	Provides temporary placement for pets belonging to people who are temporarily homeless or fleeing from a domestic violence situation. Pets are cared for until the owners' lives improve, and they can be reunited with their pets.	www.topekapant.org
6. Topeka Animal Control	320 S. Kansas Ave., #100, Topeka, KS 66603	785-368-9484	The officers of this Unit are responsible for enforcing various city ordinances regarding animals, including the leash law, vaccination and licensing requirements, and the cruelty ordinance as well as checking on neglected or abused animals.	https://www.topeka.org/tpd/animal-control/
DISABILITY	ADDRESS	PHONE	SERVICES	WEBSITES
1. Jayhawk Aging & Disability Resource Center	2910 Southwest Topeka Blvd., Topeka, KS 66611	855-200-2372	The ADRC is designed to empower older adults and persons with disabilities to make informed choices about their services and supports. The ADRC provides objective information and assistance to help people access private or publicly funded service programs.	https://www.ihawkaaa.org/services/jayhawkadrc/
2. Kansas Commission for the Deaf and Hard of Hearing	555 S. Kansas Ave., 3 rd Floor, Topeka, KS 66603	785-368-8034	Provides interpreter referral and coordination, rehabilitation services, mental health services, and awareness/public education.	https://kcdhh.ks.gov/
3. Kansas Vocational Rehabilitation	555 S. Kansas Ave., 3 rd Floor, Topeka, KS 66603	785-368-7143	Counselors work with people with disabilities to help them assess their skills to develop individualized plans for employment and to purchase or arrange for the services they need to become employed.	http://www.dcf.ks.gov/services/RS/Pages/Employment-Services.aspx

4. SLI (Sheltered Living, Inc.)	3401 Harrison St., Topeka, KS 66611	785-233-2566	Supports people who are mentally challenged. Residential programs offer 24-hour staff for those who are medically fragile and independent living for individuals with the ability to work and need minimal support.	https://slitopeka.org/
5. Social Security Administration	600 SW Commerce Pl., Topeka, KS 66615	888-327-1271	Provides disability benefits for those unable to engage in substantial gainful activity due to physical or mental impairments (12 months or longer in duration).	https://www.ssa.gov/
EDUCATION - EMPLOYMENT	ADDRESS	PHONE	SERVICES	WEBSITES
1. A-OK (Accelerating Opportunity) Program at Washburn Tech	5724 SW Huntoon St., Topeka, KS 66604	785-670-2601	Prepares students to earn a General Educational Diploma (GED) while learning technical skills that can lead to a job.	https://www.washburntech.edu/career-programs/AO-K.html
2. Heartland Works, Inc.	5020 SW 28 th St., Suite 100, Topeka, KS 66614	785-234-0500	Provides adult and dislocated worker employment-related services.	https://workforcecenters.com/heartland-works-inc/
3. Kansas Loan Pool Project (Catholic Charities of Northeast Kansas)	9720 W 87 th St., Overland Park, KS 66212	913-433-2050	Helps eliminate high-interest title or payday loans by issuing participants a new, low-interest loan and offering the opportunity to enroll in a financial education series.	https://catholiccharitiesks.org/wp-content/uploads/klpp-sheet-v4.pdf
4. Mirror Work for Success	107 SW 6 th St., Suite 2, Topeka, KS 66603	785-246-5737	Provides unemployed or underemployed families with minor children and young adults with professional development training, parenting classes, and financial literacy skills.	https://www.mirrorinc.org/work-for-success
5. Orion Diploma Completion	5331 SW 22 nd Place, Topeka, KS 66614	785-228-2336	Offers an Adult Diploma Completion Program designed to help students earn their high school diploma.	https://orioneducation.org/
6. Topeka & Shawnee County Public Library	1515 SW 10 th Ave., Topeka, KS 66604	785-580-4400	Offers computer, technology, and gadget help classes and appointments to train on basic computer skills, library digital resources, and technology training.	http://events.tscpl.org/events?type=computer
7. Topeka Workforce Center	1430 SW Topeka Blvd., Topeka, KS 66612	785-235-5627	Helps employers find skilled workers and helps career seekers access the tools needed to manage careers by utilizing State of Kansas-administered internet job resources to check availability of jobs and obtain information.	https://workforcecenters.com/topeka/
8. Topeka Youth Project – Jobs for Young Adults	1801 SW Wanamaker Rd., Suite H04, Topeka, KS 66604	785-273-4141	Offers classes for young adults on topics such as job searches, resume writing, and interview skills.	https://www.topekayoutproject.com/jva--jobs-for-young-adults
FINANCES	ADDRESS	PHONE	SERVICES	WEBSITES
1. Kansas Department of Revenue – Taxpayer Assistance Center	120 SE 10 th Ave., Topeka, KS 66612	785-368-8222	Offers Kansas income tax return and homestead claim assistance by offering in-person appointments, a phone line, and an email address to respond to inquiries.	https://www.ksrevenue.gov/taxpayeradvocate.htm#tac
HEALTHCARE	ADDRESS	PHONE	SERVICES	WEBSITES
1. American Cancer Society	P.O. Box 171335, Kansas City, KS 66117	800-227-2345	Offers programs and services to help you during and after cancer treatment, including a 24/7 cancer helpline, lodging during treatment, and rides to treatment.	https://www.cancer.org/
2. American Diabetes Association	2451 Crystal Drive, Suite 900, Arlington, VA 22202	800-342-2383	Offers programs and services to help diabetes patients, including providing information about diabetes education and prevention, a co-pay relief program, and diabetes devices and technology while also giving a voice to those denied their rights because of diabetes.	https://diabetes.org/

3. American Heart Association	13851 W. 63 rd St., #346, Shawnee, KS 66216	913-652-1913	Offers programs and services to help patients with heart disease, including funding research, investing in community efforts, and launching an initiative to control blood pressure.	https://www.heart.org/en/affiliates/kansas/kansas
4. American Legion	3029 NW US Highway 24, Topeka, KS 66618	785-296-9400	Provides durable medical equipment (wheelchairs, walkers, commodes), access to community clinics, and counseling to veterans.	https://www.legion.org/
5. American Lung Association	8400 W 110 th Street, Suite 130, Overland Park, KS 66210	913-353-9165	Offers programs and services to help save lives by improving lung health and prevent lung disease by funding lung cancer research, working to protect public health from air pollution, and educating the public about lung health.	https://www.lung.org/
6. American Red Cross	1321 SW Topeka Blvd., Topeka, KS 66612	785-354-9238	Provides emergency aid to families and individuals affected by fires, floods, tornadoes, and other natural disasters. Operates blood donation centers and offers classes on first aid and CPR.	https://www.redcross.org/local/kansas.html
7. Assistive Technology for Kansans (ATK)	2601 Gabriel Ave., Parsons, KS 67357	800-526-3648 620-421-6554 (K-Loan)	Connects people with disabilities and health conditions with assistive technology for vision, hearing, speech, and mobility through the distribution of refurbished devices, product demos, short term loans of equipment, and funding for devices. Operates K-Loan, an alternative finance program providing access to financial resources to acquire assistive technology.	https://atk.ku.edu/ https://skionline.com/k-loan/
8. Audient – An Alliance for Accessible Hearing Care	3191 West Temple Ave., Suite 200, Pomona, CA 91768	866-956-5400	Provides hearing aids at a reduced cost to low-income patients.	https://audientalliance.org/
9. Donated Dental Services (DDS) in Kansas	P.O. Box 4266, Topeka, KS 66604	785-273-1900	Provides dental services to patients over 65 years of age and permanently disabled.	https://dentallifeline.org/kansas/
10. Eyecare America	655 Beach St., San Francisco, CA 94109	877-887-6327	Provides no-cost eye exams and free or discounted medication to qualifying patients.	https://www.aao.org/eye-care-america
11. Grace Med	Capitol Family Clinic: 1400 SW Huntoon St., Topeka, KS 66604 Highland Park Family Clinic: 2025 SE California Ave., Topeka, KS 66607	785-861-8800	Provides healthcare on a sliding scale, based on income, even if no insurance. Accommodates the homeless, those experiencing financial hardship, and those wishing to maintain privacy and safety. Provides primary care, disease and chronic illness management, prenatal care, women's health, and pediatric services.	https://gracemed.org/
12. HealthAccess - Shawnee County Medical Society (SCMS)	P.O. Box 615, Topeka, KS 66601	785-235-0996	Provides physician care, hospital services, and medication assistance to low-income, uninsured residents of Shawnee County.	https://scmsha.org/
13. KanCare	900 SW Jackson St., Topeka, KS 66612	800-792-4884	Administers Medicaid and provides managed care that combines health care with community long-term services and support to individuals and families with limited incomes.	https://kancare.ks.gov/
14. Kansas Association for the Blind / Visually Impaired	712 S. Kansas Ave., Suite 414 D-F, Topeka, KS 66603	785-235-8990	Strives to increase the independence, opportunity, and quality of life for all blind and visually impaired.	http://kabvi.com/
15. Kansas Commission on Disability Concerns	900 SW Jackson St., Room 100A, Topeka, KS 66612	800-295-5232	Provides useful and relevant information to people with disabilities living in the state of Kansas, including information about a suicide prevention line, healthcare, renting or buying a home, service animals, and money and financial literacy.	https://kcdcfinfo.ks.gov/home
16. Kansas Commission on Veterans Affairs	700 SW Jackson St., Topeka, KS 66603	800-513-7731 785-296-3976	Assists veterans in filing claims for VA health care, service-connected disability compensation, education, non-service	https://kcva.ks.gov/veteran-services/programs-services

			connected pension, spouse and dependent, and state VA benefits.	
17. Kansas Department of Health and Environment – Division of Public Health	1000 SW Jackson St., Suite 210, Topeka, KS 66612	785-296-6174	Funds dental care services, medical case management, medications, mental health and substance abuse services, and primary care services for people living with HIV infections.	https://www.kdhe.ks.gov/355/The-Ryan-White-Part-B-Program
18. Kansas Drug Card	4536 SE 37 th St., Topeka, KS 66605	913-638-8415	Provides a free statewide discount prescription assistance program.	https://kansasdrugcard.com/
19. Lion’s Club	P.O. Box 4434, Topeka, KS 66605	785-491-8555	Provides eyeglasses for those who qualify and free vision screening for daycare age children. Twilight Branch focuses on diabetes and human trafficking prevention.	https://topekaliions.org/
20. Marian Dental Clinic	3164 SE 6 th St., Topeka, KS 66607	785-233-2800	Provides dental care for people living in Shawnee County who are financially unable to obtain dental care elsewhere.	https://www.mariandental.org/
21. Needy Meds	50 Whittemore St., Gloucester, MA 01930	800-503-6897	Offers a website as a source of information on thousands of programs that provide discounted medical services.	https://www.needymeds.org
22. PM Nurse Information Line – Health Connections (4:30pm – 8:00am)	Stormont Vail Health 1500 SW 10 th Ave., Topeka, KS 66604	785-354-5225	Provides access to nurses, who can assist with health information after the doctor’s office has closed.	https://www.stormontvail.org/patient-resources/support-services/nurse-information-line/
23. Resource Center for Independent Living	1507 SW 21 st St., Suite 203, Topeka, KS 66604	785-528-3105	Offers a Durable Medical Equipment Loan Program, providing medical equipment such as wheelchairs and walkers for loan, free of charge. Provides advocacy and independent living skills training to people with disabilities.	https://rciinc.org/service/s/dme
24. Salvation Army Topeka	1320 SE 6 th Ave., Topeka, KS 66607	785-233-9648	Provides a food pantry, rent and utility assistance, prescriptions, eye exams, glasses, and clothing vouchers. Operates a Community Meal Program. Assists victims of disaster relief by distributing food, blankets, shelter, and assistance with clean-up.	https://centralusa.salvati.onarmy.org/topeka/
25. Shawnee County Community Developmental Disability Organization (CDDO)	2701 SW Randolph Ave., Topeka, KS 66611	785-232-5083	Serves as the single point of contact for people seeking support and services for intellectual and developmental disabilities.	http://www.snccdo.org/
26. Shawnee County Health Department	2600 SW East Circle Dr., Topeka, KS 66606	785-251-5600	Provides immunizations, information about communicable diseases, an STD Clinic, childcare licensing, and responses to environmental health concerns, such as animal rabies, bedbugs, mold, nuisances, and waste.	https://www.snco.us/hd/
27. Topeka Dental Clinic	2037 SE 29 th St., Topeka, KS 66605	785-267-9500	Provides dental care to children on Medicaid.	https://kansasyouthdentall.com/philosophy-of-care/
HOMELESSNESS	ADDRESS	PHONE	SERVICES	WEBSITES
1. City of Topeka – Shelter Plus Care	620 SE Madison St., Topeka, KS 66607	785-368-3711	Provides rental assistance to homeless persons with disabilities, primarily those with mental illness, substance abuse problems, or a serious diagnosed illness.	https://www.topeka.org/housing-services/shelter-plus-care/
2. Topeka Rescue Mission Ministries	600 N Kansas Ave., Topeka, KS 66608	785-354-1744	Strives to meet the basic needs of the homeless, including food, clothing, safety, and shelter as well as long-term needs, such as spiritual ministry, education and job training, and housing assistance.	https://www.trmonline.org/
3. U.S. Department of Veterans Affairs – VA Homeless Programs	4800 Main St., Suite 107, Kansas City, MO 64112	877-424-3838	Connects homeless at-risk veterans with housing solutions, health care, and community employment services.	https://www.va.gov/homeless/

HOUSING	ADDRESS	PHONE	SERVICES	WEBSITES
1. American Red Cross	1321 SW Topeka Blvd., Topeka, KS 66612	785-354-9238	Provides emergency aid to families and individuals affected by fires, floods, tornadoes, and other natural disasters. Operates shelters and provides meals for victims of natural disasters.	https://www.redcross.org/local/kansas.html
2. Center for Safety and Empowerment (YWCA)	225 SW 12 th St., Topeka, KS 66612	785-354-7927 888-822-2983 (24-hour line)	Provides emergency shelter for women and children, counseling, assistance with restraining orders, and support groups for victims of domestic and sexual violence, stalking, and human trafficking.	https://www.ywcaneks.org/what-we-do/cse/
3. City of Topeka (Home Emergency Repair, Handicapped Accessibility, Rental Rehab, Major Rehab, Demolition Programs, Property Maintenance Rehab, and Weatherization)	620 SE Madison St., Topeka, KS 66607	785-368-3711	Assists with repairs for low-income homeowners to bring homes up to code and to address immediate health and safety concerns. Provides grants to assist with home improvements for homeowners with disabilities. Offers a Weatherization Program to provide a grant for assistance with insulation, HVAC systems, and sealing. Tenants can report landlords for rental housing maintenance violations and for retaliation for requesting maintenance. Report unsafe structures, inoperable vehicles, weeds and graffiti on private property.	https://www.topeka.org/housing-services/housing-rehabilitation-program/
4. Cornerstone of Topeka	1195 SW Buchanan St., Suite 103, Topeka, KS 66604	785-232-1650	Provides affordable housing and long-term rentals to low-income individuals and families as well as disabled and special needs persons. Provides transitional housing to the homeless.	https://cornerstoneoftopeka.org/
5. Florence Crittenton Services	2649 SW Arrowhead Rd, Topeka, KS 66614	785-233-0516	Offers a Psychiatric Residential Treatment Facility that provides 24/7 therapeutic treatment for females with mental health disorders or high-risk behaviors as well as outpatient mental health services offering individual therapy, family therapy, and medication management.	https://flocritkansas.org/
6. Habitat for Humanity	121 NE Gordon St., Topeka, KS 66608	785-234-4322	Builds affordable homes for lower income families who purchase homes through a no-interest mortgage and make monthly payments. Offers home repair services to low-income homeowners age 60 or older. Provides a Tool Bus that is deployed to neighborhoods to give access to tools and equipment.	https://www.topekahabitat.org/
7. Housing and Credit Counseling, Inc. (HCCI)	1195 SW Buchanan St., Suite 101, Topeka, KS 66604	785-234-0217 800-383-0217	Provides housing counseling for tenants, landlords, homeowners, and homebuyers. Landlord/tenant publications are available. Provides financial counseling for money management, budget counseling, debt management planning and student loan and medical debt repayment options.	https://housingandcredit.org/
8. Kansas Housing Resources Corporation	611 S Kansas Ave., Suite 300, Topeka, KS 66603	785-217-2001	Provides a Tenant Based Rental Assistance program designed to help income-eligible households with rent, security deposit, and/or utility deposits. Provides Weatherization Assistance free of charge for income-eligible homeowners and renters.	http://kshousingcorp.org/renters/tenant-based-rental-assistance/
9. Kansas Rural Development State Office	1303 SW First American Pl., Suite 100, Topeka, KS 66604	785-271-2700	Offers housing direct loans and home repair loans and grants to low-income homeowners in eligible rural areas.	https://www.rd.usda.gov/programs-services/single-family-housing-programs

10. Shawnee County Landlords Association	P.O. Box 2025, Topeka, KS 66601	785-224-7696	Provides education, information, and consultation to landlords in order to develop and maintain rental properties that are safe and meet high standards of health and decency.	https://www.sclandlords.com/
11. Topeka Housing Authority	2010 SE California Ave., Topeka, KS 66607	785-357-8842	Provides accessible affordable assisted housing to low-income households, including Section 8 rental housing and public housing.	https://www.tha.gov/
12. Topeka Independent Living Resource Center, Inc.	501 SW Jackson St., Suite 100, Topeka, KS 66603	785-233-4572	Assists people with disabilities to assert their civil and human rights and develop independent living skills. Provides repaired durable medical equipment. Provides sign language interpreting services.	https://tilrc.org/
LEGAL	ADDRESS	PHONE	SERVICES	WEBSITES
1. Justice Advice Line	712 S. Kansas Ave., Suite 200, Topeka, KS 66603	800-675-5860	Connects income-eligible Kansas residents with a paralegal supervised by KLS who can offer immediate legal advice.	https://www.kscourts.org/Public/Legal-Help
2. Kansas Coalition Against Sexual & Domestic Violence (KCSDV)	634 SW Harrison St., Topeka, KS 66603	785-232-9784 888-363-2287 (Crisis Line) 800-799-7233 (DV Line)	Provides free legal assistance and expert advice to sexual assault, domestic violence, and stalking survivors. Operates a 24-hour hotline and offers crisis intervention as well as supportive counseling.	https://www.kcsdv.org/
3. Kansas Elder Law Hotline	712 S. Kansas Ave, Suite 200, Topeka, KS 66603	888-353-5337	Connects Kansas residents over the age of 60 with a volunteer attorney for free.	https://www.kansaslegalservices.org/node/2542/kansas-elder-hotline-free-legal-advice-seniors
4. Kansas Holistic Defenders (Topeka Family Legal Project)	1204 Oread Ave., Lawrence, KS 66045	785-269-5955	Provides free legal assistance to Shawnee County families with at least one minor child who need legal assistance with housing, education, or government benefits.	www.kansasholisticdefenders.org
5. Kansas Legal Services (KLS)	712 S. Kansas Ave., Suite 200, Topeka, KS 66603	785-233-2068 800-723-6953	Represents low-income persons in family law domestic matters and assists them in accessing state and federal public benefits. Provides assistance to survivors of domestic violence, support services to guardian ad litem, assistance in adoptions. Counsels in child abuse or neglect cases. Conducts expungement clinics. Assists in restoring revoked driver's licenses. Advises KERA-funded tenants prior to eviction hearings and seniors who are victims of fraud.	https://www.kansaslegalservices.org/
6. Lawyer Advice Line (Kansas Bar Association)	1200 SW Harrison St., Topeka, KS 66612	800-928-3111	Connects the public with an attorney who can offer immediate legal advice for a fee of \$3.00 per minute.	https://ag.ks.gov/docs/publications/small-claims-court.pdf?sfvrsn=6
7. Washburn Law Clinic	1700 SW College Ave., Topeka, KS 66621	785-670-1191	Connects the public with law students supervised by faculty members. Functions as an in-house general practice law firm, providing representation in areas such as civil practice, family justice and immigration, and small business & nonprofit transactional law.	https://www.washburnlaw.edu/students/clinic/
MENTAL HEALTH	ADDRESS	PHONE	SERVICES	WEBSITES
1. Breakthrough House	403 NW Lyman Rd., Suite A, Topeka, KS 66608	785-232-6960	Offers residential services and a payee program to people diagnosed with mental illness.	https://breakthroughhouse.org/
2. Family Service & Guidance Center	325 SW Frazier Ave., Topeka, KS 66606	785-232-5005	Operates a nonprofit community mental health center that provides quality behavioral healthcare for children and	https://fsgctopeka.com/

			families, including outpatient therapy, child and adolescent psychiatry, and crisis services.	
3. National Alliance on Mental Illness (NAMI)	P.O. Box 5073, Topeka, KS 66605	785-580-3021	Offers support groups and educational program for people with mental health conditions and their families. Offers a helpline, providing free information about mental illness.	https://www.namitopeka.org/
4. Stormont Vail Behavioral Health Center	1500 SW 10 th Ave., Topeka, KS 66604	785-270-4600	Provides inpatient and outpatient treatments for behavioral health problems, including impulse, trauma, personality, mood, anxiety, and thought disorders.	https://www.stormontvail.org/primary-care/behavioral-health-care/
5. Valeo Behavioral Health Care	330 SW Oakley Ave., Topeka, KS 66606	785-233-1730 785-234-3300 (Crisis Line) 785-234-3448 (Detox Line)	Provides essential medical health and substance use recovery services to adults in Shawnee County regardless of their ability to pay.	https://www.valeotopeka.org/
RENT – UTILITIES – FOOD PANTRIES	ADDRESS	PHONE	SERVICES	WEBSITES
1. Catholic Charities	234 S. Kansas Ave., Topeka, KS 66603	785-233-6300	Offers a self-shopping food pantry, free diapers, clothing assistance, and rental/utility assistance.	https://catholiccharitiesks.org/where-we-work/topeka/
2. City of Topeka Fire Department	324 SE Jefferson St., Topeka, KS 66607	785-368-4000	Provides free smoke alarms. Provides surveys of any current smoke alarms in the home, including replacing batteries, replacing outdated alarms, and educating on testing and maintaining smoke alarms in the home.	https://www.topeka.org/tfd/smoke-alarm-program/
3. Community Action	455 SE Golf Park Blvd., Topeka, KS 66605	785-836-4500	Provides rent and utility support, affordable housing, rapid re-housing as well as the Head Start program for children (nutritious meals), food pantries, and a diaper depot. Provides a Weatherization Assistance Program to improve the safety and energy efficiency of homes occupied by low-income families.	https://www.wefightpovetry.org/our-way/
4. Community Resources Council	455 SE Golf Park Blvd., Topeka, KS 66605	785-233-1365	Offers a City of Topeka Franchise Fee Credit Program to provide eligible households a standardized credit for utility services.	https://crcnet.org/franchise-fee-credit-program/
5. E.A.S. (Equity.Access.Shelter)	Cyrus K. Holliday Building, 620 SE Madison Ave., Topeka, KS 66607	785-368-9533	A single point of access for those who are currently at risk of losing their housing due to unforeseen circumstances(are in a lease and have been served a 3 day or eviction notice), OR currently lack a fixed or regular nighttime residence (homeless). E.A.S. staff will work with you to assess your level of need and connect you with the right resources for your situation. Email: EAS@topeka.org Partnering agencies: Catholic Charities, Community Action, Community Resources Council, Door step, Let's Help, & Salvation Army.	https://www.topeka.org/eas/ Equity Access Shelter Referral (openforms.com)
6. Doorstep	1119 SW 10 th Ave., Topeka, KS 66604	785-357-5341	Provides food, clothing, rent, transportation (local gas vouchers/bus tickets), prescriptions, and utilities for those who require assistance with critical needs.	https://www.doorstoptopeka.org/
7. El Centro de Topeka	134 NE Lake St., Topeka, KS 66616	785-232-8207	Provides culturally sensitive assistance to low-income Hispanic families through education and empowerment.	http://www.ilcofks.org/about/organizations/

8. Harvesters Community Food Network	215 SE Quincy St., Topeka, KS 66603	785-861-7700	Distributes food and household products through a network of food pantries and kitchens.	https://www.harvesters.org/
9. Cash Assistance (Temporary Assistance to Needy Families)		877-653-9522	Provides a hotline for assistance with the Supplemental Nutrition Assistance Program (SNAP).	https://www.harvesters.org/get-food-assistance/snap-assistance
10. I-Care, Inc. Food Pantry	2914 SE Michigan Ave., Topeka, KS 66605	785-267-5910	Provides emergency food and other support services, such as a baby care program, backsnack program, and distribution of school supplies.	https://icaretopeka.org
11. Kansas Department for Children and Families (DCF)	500 SW Van Buren St., Topeka, KS 66603	785-296-2500	Provides child support services, economic services such as food assistance, employment services such as vocational rehabilitation, and a family crisis response hotline.	www.dcf.ks.gov
12. Commodity Supplemental Food Program (CSFP)		785-368-8120	Provides a food package to persons 60 years of age or older.	http://www.dcf.ks.gov/services/ees/Pages/USDA-Commodity-Programs/CSFP/CSFP.aspx
13. Emergency Food Assistance Program (TEFAP)		785-296-2072	Provides free USDA commodity foods to low-income households.	http://www.dcf.ks.gov/services/ees/pages/usda-commodity-programs/emergency-food-assistance-program-(tefap).aspx
14. Low Income Energy Assistance Program (LIEAP)		800-432-0043	Helps eligible households pay a portion of their home energy costs by providing a one-time per year benefit.	http://www.dcf.ks.gov/services/ees/Pages/EnergyAssistance.aspx
15. Let's Help	200 S. Kansas Ave., Topeka, KS 66603	785-234-6208	Provides a food pantry and clothing bank. Provides financial help for emergency services, such as rent, utilities, and medical expenses. Offers an employment program for job readiness and employment placement for Kansans 55 and older. Offers GED preparation. Provides help buying prescription medications and getting tooth extractions.	https://letshelpinc.org/
16. Lifeline Program (Free cell phones, service plans) – Q Link, Assurance	499 E Sheridan St., Suite 300, Dania, FL 33004 (Q Link) P.O. Box 5040 Charleston, IL 61920 (Assurance)	855-754-6543 (Q Link) 888-898-4888 (Assurance)	Provides free wireless service (talk, text, & data) to participants in SNAP, Medicaid, Supplemental Security Income, Veteran's Pension and Survivors Pension Program, or Section 8. (Q Link) Provides a free smartphone and service plan to low-income residents. (Assurance)	https://www.qlinkwireless.com/ https://www.assurancewireless.com/help-center/about-us
17. Low-Cost Student Internet (Cox)	1109 SW Wanamaker Rd., Topeka, KS 66604	855-222-3252	Offers low-cost internet for families with K-12 students who participate in a government assistance program.	https://www.cox.com/residential/internet/connect2compete.html
18. Meals on Wheels of Eastern Kansas	2134 SW Westport Dr., Topeka, KS 66614	785-430-2186 785-295-3980	Operates Dining Centers (Kansas Benefit Cards are accepted) and a Home-Delivery Program (Vision Cards are accepted). Meals are served to persons 60 years of age or older.	https://www.midlandcareconnection.org/meals-on-wheels/

19. Mom's Meals	3210 SE Corporate Woods Dr., Ankeny, IA 50021	877-508-6667	Offers meals to clients covered under Medicare, Medicaid, Long-Term Services and Supports programs, or the Older American Act.	https://www.momsmeals.com/
20. PayOnline (City of Topeka)	215 SE 7 th St., Topeka, KS 66603	785-368-3111	Provides the ability to pay a variety of utility bills online.	https://www.topeka.org/payonline/
21. Project Deserve – Evergy	818 South Kansas Avenue, Topeka, KS 66612	316-219-2121 800-383-1183	Provides emergency assistance paying energy costs for people with a severe disability, older adults, and income-eligible households.	https://www.evergy.com/manage-account/billing/billing-information/project-deserve
22. Salvation Army Topeka	1320 SE 6 th Ave., Topeka, KS 66607	785-233-9648	Provides a food pantry, rent and utility assistance, prescriptions, eye exams, glasses, and clothing vouchers. Operates a Community Meal Program. Assists victims of disaster relief by distributing food, blankets, shelter, and assistance with clean-up.	https://centralusa.salvati onarmy.org/topeka/
23. Topeka North Outreach	210 NW Menninger Road, Topeka, KS 66617	785-286-1370	Provides community assistance in the form of utilities, rent, and medical needs. Distributes food through the Operation Food Secure program. Distributes food sacks, hygiene kits, and school supplies.	https://www.topekanorthoutreach.org/
24. United Way of Kaw Valley	1527 SW Fairlawn Rd., Topeka, KS 66604	211 785-273-4804	Connects people with services for housing & shelter; financial assistance; food; transportation; family support; health & dental care; mental health & addiction; clothing, hygiene, and household goods; seniors & disability; employment & education; legal & money management; and taxes.	www.211kansas.org
SENIOR CITIZENS	ADDRESS	PHONE	SERVICES	WEBSITES
1. East Topeka Senior Center	432 SE Norwood St., Topeka, KS 66607	785-232-7765	Provides transportation to medical appointments and grocery stores to senior citizens. Distributes food through Meals on Wheels and the emergency food assistance program.	https://www.easttopekasi niors.org/
2. Jayhawk Area Agency on Aging, Inc.	2910 SW Topeka Blvd., Topeka, KS 66611	785-235-1367	Offers senior health insurance counseling, including information about prescription help, for Medicare beneficiaries. Provides meal plan solutions for seniors. Provides in-home services and attendant care on a sliding fee scale. Operates the Jayhawk Aging & Disability Resource Center, which provides options counseling and community resource information.	https://www.ihawkaaa.org/
3. Kansas Department for Aging and Disability Services	503 S Kansas Ave., Topeka, KS 66603	785-296-4986 800-860-5260 (SHICK)	Offers Senior Health Insurance Counseling for Kansas (SHICK), a free program for answers about Medicare.	https://kdads.ks.gov/kdads-commissions/long-term-services-supports/aging-services/medicare-programs/shick
4. Kansas Long-Term Care Ombudsman	900 SW Jackson St., Suite 1041, Topeka, KS 66612	785-296-3017	Investigates and resolves complaints and concerns for residents in nursing homes, assisted living facilities, and other long-term care homes.	https://ombudsman.ks.gov/
5. Papan's Landing Senior Center	619 Paramore St., Topeka, KS 66608	785-232-1968	Assists older people by providing resources for them to enjoy their retirement years and stay independent.	https://www.papanslandi ng.org

6. Social Security Administration	600 SW Commerce Pl., Topeka, KS 66615	888-327-1271	Provides disability benefits for those unable to engage in substantial gainful activity due to physical or mental impairments (12 months or longer in duration).	https://www.ssa.gov/
7. Topeka LULAC Senior Center	1502 NE Seward Ave., Topeka, KS 66616	785-234-5809	Provides basic needs shopping trips, activities such as cooking and computer classes, and monthly health checks to senior and individuals with physical limitations.	https://www.topekalulacseniorcenter.com
SUBSTANCE ABUSE	ADDRESS	PHONE	SERVICES	WEBSITES
1. Mirror of Topeka - Outpatient Office	1401 SW Topeka Blvd., Topeka, KS 66612	785-260-6688	Provides primary treatment through an outpatient setting to adults and adolescents struggling with a drug or alcohol addiction.	https://www.mirrorinc.org/locations-feed/topeka-outpatient-treatment-program
Residential Treatment Center	2201 SE 25 th St., Topeka KS 66605	785-783-3274	Provides 24-hour care and residential living designed to keep patients with a drug or alcohol addiction sober and help them re-enter society. Provides tools needed to manage life and prevent relapse.	https://www.mirrorinc.org/locations-feed/topeka-residential-re-entry-center
2. New Dawn Wellness & Recovery Center	1221 SW 17 th St., Topeka, KS 66604	785-266-0202	Provides counseling and support services for substance abuse and gambling addiction. Provides DUI support and treatment plans and assessments. Offers an Alcohol and Drug Information School.	https://www.newdawnrecovery.org/
3. Prevention & Resiliency Services (PARS)	2209 SW 29 th St., Topeka, KS 66611	785-266-8666 785-266-4606 (Safe Streets)	Provides bilingual drug and alcohol evaluations to youth and adults. Provides training courses on alcohol, tobacco and vaping, marijuana, and prescription drugs. Organizes Safe Streets to create a healthier community by addressing substance abuse and crime through prevention education and citizen empowerment.	https://parstopeka.org/ https://www.safestreeets.org/
4. Sims-Kemper Clinical Counseling & Recovery Services	1701 SW Medford Ave., Topeka, KS 66604	785-233-0666	Provides addiction treatment and recovery treatment, peer mentoring, and alcohol and drug testing with the option of sliding scale fees and no out-of-pocket cost for gamblers.	https://www.sims-kemper.com/
5. Valeo Behavioral Health Care	330 SW Oakley Ave., Topeka, KS 66606	785-233-1730 785-234-3300 (Crisis Line) 785-234-3448 (Detox Line)	Provides essential medical health and substance use recovery services to adults in Shawnee County regardless of their ability to pay.	https://www.valeotopeka.org/
THRIFT STORES & FURNITURE	ADDRESS	PHONE	SERVICES	WEBSITES
1. God's Storehouse Thrift Store	2111 SW Chelsea Dr., Topeka, KS 66614	785-608-6743	Sells clothing and household items at discounted prices.	https://www.gshstopeka.org/
2. Goodwill Topeka	5515 SW 21 st St., Topeka, KS 66604	785-228-9774	Sells clothing and household items at discounted prices. About 88 cents of every dollar raised goes toward funding career advancement programs and services.	https://www.mokangoodwill.org/locations/goodwill-topeka
3. Maj-R Thrift Topeka	2020 NW Topeka Blvd., Topeka, KS 66608	785-234-3101	Sells clothing, household items, and furniture at discounted prices.	http://maj-rthrift.com/
4. Topeka Rescue Mission Thrift Store	901 N Kansas Ave., Topeka, KS 66608	785-235-9094	Sells clothing, household items, furniture, and appliances at discounted prices.	https://www.thriftstores.net/store/4563/topeka-rescue-mission-thrift-store/
5. Salvation Army Topeka	1320 SE 6 th Ave., Topeka, KS 66607	785-233-9648	Sells clothing and household items at discounted prices.	https://centralusa.salvati onarmy.org/topeka/

TRANSPORTATION SERVICES	ADDRESS	PHONE	SERVICES	WEBSITES
1. East Topeka Senior Center	432 SE Norwood St., Topeka, KS 66607	785-232-7765	Provides transportation to medical appointments and grocery stores to persons 60 years of age and older and their spouses. Distributes food through Meals on Wheels and the emergency food assistance program.	https://www.easttopekaseniors.org/
2. KanCare – Transportation through Managed Care Organization (MCO)	900 SW Jackson St., Topeka, KS 66612	855-221-5656 (Aetna) 877-644-4623 (Sunflower) 877-542-9238 (United)	Provides transportation to KanCare participants to medical appointments.	https://kancare.ks.gov/consumers/benefits-services
3. Topeka Transit (Lift Paratransit Services)	820 SE Quincy St., Topeka, KS 66612	785-783-7000	Provides door-to-door public transportation for persons who are unable to use the fixed route services due to a disability.	https://www.topekametro.org/routes-and-detours/the-lift-paratransit-service?searched=lift
WOMEN	ADDRESS	PHONE	SERVICES	WEBSITES
1. Birthright of Topeka	512 SW 7 th St., Topeka, KS 66603	785-234-0701	Provides pregnancy tests; maternity and baby items; information about pregnancy, adoption, and parenting skills; and referrals for medical support, housing, and social assistance.	https://birthright.org/topoka
2. Center for Safety and Empowerment (YWCA Northeast Kansas)	225 SW 12 th St., Topeka, KS 66612	888-822-2983	Provides affordable childcare. Provides free and confidential services to victims of domestic violence, sexual assault, and human trafficking. Offers courses to empower women leaders at all stages of their career.	https://www.ywcaneks.org/
3. Child Care Aware of Eastern Kansas (Successful Connections)	1100 SW Wanamaker Rd., Topeka, KS 66604	785-357-5171	Aids people in finding solutions for their childcare needs. Connects families and expecting mothers with helpful information and community resources. Assists early learning programs with their services to children and families.	https://east.ks.childcareaware.org/
4. Kansas Payment Center	P.O. Box 758599, Topeka, KS 66675	877-572-5722	Processes payments for all Kansas child support and maintenance (spousal support) payments.	https://www.kspaycenter.com/
5. Lifeline Pregnancy Center	2041 SW McAlister Ave., Topeka, KS 66604	785-249-6130	Provides free pregnancy testing, free unlimited obstetric ultrasounds, options counseling, and parent mentoring.	https://www.lifelinepregnancycenter.com/
6. Mary's Choices	551 NW Broad St., Topeka, KS 66608	785-246-6805	Offers free and confidential physician consultation, pregnancy counseling, pregnancy tests, ultrasounds, material assistance (diapers and bottles), and parental training.	https://maryschoices.com/free-services
7. Safe Families for Children – Kansas Chapter	P.O. Box 3732, 15050 W 138 th St., Olathe, KS 66062	913-933-3357	Provides a secure, temporary home for children whose parents are in a crisis situation.	https://kansas.safe-families.org/
8. Women, Infants, and Children (Shawnee County Health Department)	2600 SW East Circle Dr., Topeka, KS 66606	785-251-5607	Offers breastfeeding support, immunization screening, and electronic benefit eWic card to buy health foods.	https://www.snco.us/HD/services.asp
YOUNG CHILDREN	ADDRESS	PHONE	SERVICES	WEBSITES
1. Boys & Girls Clubs of Topeka	550 SE 27 th St., Topeka, KS 66605	785-234-5601	Promotes the social, educational, health, leadership, and character development of children during critical periods of their growth by offering programs to ensure that all Club members graduate from high school on time.	https://www.bgctopeka.org/

2. Diaper Depot (Community Action)	455 SE Golf Park Blvd., Topeka, KS 66605	785-836-4500	Distributes diapers to families in need with a child between 0- and 3-years old living in the household.	https://www.wefightpoverty.org/our-way/
3. KanCare	900 SW Jackson St., Topeka, KS 66612	800-792-4884	Administers Medicaid and provides managed care that combines health care with community long-term services and supports to individuals and families with limited incomes, including medical care for children.	https://kancare.ks.gov/
4. Kansas Big Brothers Big Sisters	2300 SW 29 th St., Topeka, KS 66611	785-234-5524	Matches youth facing adversity with adult mentors.	https://www.kansasbig.org/
5. Kansas Children's Service League	3545 SW 5 th St., Topeka, KS 66606	785-274-3100	Builds awareness to prevent child abuse and neglect. Provides school readiness programs designed to provide a safe and positive environment for child to learn and develop. Promotes family support. Trains children to teach practical, real-world skills.	https://www.kcsl.org/
6. Kansas Department for Children and Families (DCF) – Child Support Call Center	500 SW Van Buren St., Topeka, KS 66603	785-296-2500	Provides child support services by establishing parentage, enforcing child and medical support orders, and helping children receive the financial support necessary for their growth and development.	http://www.dcf.ks.gov/services/CSS/Pages/default.aspx
7. Kids Quest (YWCA Northeast Kansas)	225 SW 12 th St., Topeka, KS 66612	785-233-1750	Provides before and after school programs, offering an afternoon snack, homework assistance, and educational and creative activities.	https://www.ywcaneks.org/what-we-do/youth-services/kids-quest/
8. National School Lunch and/or School Breakfast Program (Kansas Department of Education)	900 SW Jackson St., Topeka, KS 66612	785-296-7921	Makes school-age children eligible to apply through the school district for reduced price or free Child Nutrition Program benefits.	https://www.ksde.org/Home/Quick-Links/News-Room/Weekly-News/reduced-price-and-free-school-meals-are-available-2
9. Safe Families for Children – Kansas Chapter	P.O. Box 3732, 15050 W 138 th St., Olathe, KS 66062	913-933-3357	Provides a secure, temporary home for children whose parents are in a crisis situation.	https://kansas.safe-families.org/
10. Shawnee County Parks and Recreation	1800 SE 21 st St., Topeka, KS 66607	785-251-2600	Offers day camps for children, preschool programs, youth and adult classes, and youth and adult sports leagues.	https://parks.snco.us/
11. Sheldon Head Start	1155 SW Seabrook Ave., Topeka, KS 66604	785-438-4530	Offers a Head Start program for low-income children, ages three and four, providing on-site medical, nutrition, family advocacy, home visitation, mental health, disability, and education services.	https://sheldon.topekapublicschools.net/about_us
12. TARC	2701 SW Randolph Ave., Topeka, KS 66611	785-232-0597	Offers free developmental screenings for children. Provides intensive home visitation services to educate and help parents develop basic parenting skills. Provides a program to help families with a child who has a developmental disability or delay. Provides specialized evaluations and therapy for those with feeding and swallowing issues.	https://tarcinc.org/project/childrens/
13. Topeka Public Schools Parents as Teachers	2331 SW Topeka Blvd., Topeka, KS 66611	785-274-6480	Provides a free program for soon-to-be parents and parents with children birth to age five to promote optimal early development, learning, and health of children by supporting and engaging their parents and caregivers.	https://sites.google.com/a/tps501.org/topeka-parents-as-teachers/home
14. Women, Infants, and Children (Shawnee County Health Department)	2600 SW East Circle Dr., Topeka, KS 66606	785-251-5607	Offers breastfeeding support, immunization screening, and electronic benefit eWic card to buy health foods.	https://www.snco.us/HD/services.asp